**Update in medicine**  
7 July 2022 | Newcastle  
CPD code: 140717

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30</td>
<td>Registration and refreshments</td>
</tr>
<tr>
<td>9.05</td>
<td>Welcome and introduction</td>
</tr>
</tbody>
</table>
| 9.10  | **Session 1**  
Chaired by Dr Anita Jones, RCP regional adviser, Northern  
**Lung cancer on the acute medical take**  
Dr Mary Hewson, respiratory and general medicine consultant, North Cumbria Integrated Care NHS Foundation Trust |
| 9.40  | **Unravelling the secrets of the skin in the general medical patient – from emergencies to systemic diseases**  
Dr Faheem Latheef, consultant dermatologist and honorary senior lecturer, The Leeds Teaching Hospitals NHS Trust |
| 10.10 | **Update on management of cardiac arrhythmias**  
Dr Theodora Nikolaidou, consultant cardiology and electrophysiologist, Manchester University NHS Foundation Trust  
*Please note this will now be a virtual presentation* |
| 10.40 | Comfort break |
| 11.00 | **Session 2**  
Chaired by Dr Sath Nag, RCP regional adviser, Northern  
**Update on the management of obesity**  
Dr Alex Miras, professor of endocrinology, Ulster University |
| 11.30 | **How the patient and carer network helps to improve clinical practice**  
Eddie Kinsella, chair, RCP Patient and Carer Network |
| 12.00 | **Update on falls assessment and management**  
Professor Tahir Masud, consultant physician in geriatric medicine, Nottingham University Hospitals NHS Trust and immediate past president of the British Geriatrics Society |
| 12.30 | Lunch |
13.25  **Open forum**
Sir Andrew Goddard, RCP president, and college officers, RCP

**Session 3 – SIMMS lecture**
Chaired by Sir Andrew Goddard

**14.15 Difficult decisions, mental capacity and unintended consequences**
Baroness Finlay of Llandaff, professor of palliative medicine, Cardiff University School of Medicine and Velindre Cancer Centre; crossbench member of the House of Lords

**15.05 Comfort break and refreshments**

**Session 4**
Chaired by Dr Omar Pirzada, RCP regional adviser, Yorkshire

**15.30 Moving medicine: an update on exercise medicine in clinical practice**
Dr Rebecca Robinson, consultant physician in sports and exercise medicine, English Institute of Sport

**16.00 2020 NICE guidance on the management of venous thromboembolism, common problems and quandaries**
Dr David Allsup, senior lecturer in haematology and honorary consultant, Hull University Teaching Hospitals NHS Trust

**The future of postgraduate medical education**
Professor Namita Kumar, RCP councillor and postgraduate dean,

**16.30** Health Education England – North East, and consultant rheumatologist, South Tyneside and Sunderland NHS Foundation Trust

**17.00 Conference close**
Your regional representatives in Northern

**Regional advisers**
Dr Anita Jones, South Tyneside and Sunderland NHS Foundation Trust
Professor Matt Phillips, North Cumbria Integrated Care NHS Foundation Trust
Dr Sath Nag, South Tees Hospitals NHS Foundation Trust

**New Consultants Committee**
Dr Louise Southern, Newcastle upon Tyne Hospitals NHS Foundation Trust

**SAS Regional Representatives Network**
Vacancy

**Trainees Committee**
Vacancy

**Student and Foundation Doctor Network**
Elliot Lewis-Douglas
Xiaoxuan Hanson Xu

Your regional representatives in Yorkshire

**Regional advisers**
Dr Jack Kastelik, Hull University Teaching Hospitals NHS Trust
Dr Omar Pirzada, Sheffield Teaching Hospitals NHS Foundation Trust

**New Consultants Committee**
Dr Charlotte Spencer, Calderdale and Huddersfield NHS Foundation Trust

**SAS Regional Representatives Network**
Dr Rehan Azim Qureshi, York Teaching Hospital NHS Foundation Trust

**Trainees Committee**
Dr Linford Fernandes, Leeds Teaching Hospitals NHS Trust
Dr Catherine Rowan, Mid Yorkshire Hospitals NHS Trust

**Student and Foundation Doctor Network**
Nathan Samuel
Melissa Matthews

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**Enquiries**

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Meet the speakers

Dr Mary Hewson
Dr Mary Hewson is a respiratory and general medical consultant. She has been based at the Cumberland Infirmary, Carlisle since 2007.

Dr Faheem Latheef
Dr Faheem Latheef is a consultant dermatologist and allergy specialist at the Leeds Centre for Dermatology, at the Leeds Teaching Hospitals NHS Trust. He is also an honorary senior lecturer at the University of Leeds as well as being clinical lead for the largest community dermatology clinic in Leeds. Aside from his NHS work, he also works privately at the Nuffield Health and Spire Hospital in Leeds and is a visiting consultant at the King’s College Hospital in Dubai. He has also obtained his MD in melanoma skin cancer as well as having completed a master’s in business administration.

Dr Latheef has a specialist interest in cutaneous allergy and undertakes extensive patch testing. In his practice he also sees both children and adults for a expansive variety of skin related conditions including running dedicated acne, skin cancer, skin surgery and allergy clinics as well as general dermatology clinics. He is also a Melanoma UK adviser and a member of the British Association of Dermatology, as well as a number of other international organisations.

Dr Theodora Nikolaidou
Dr Nikolaidou works as a consultant cardiologist/electrophysiologist and is an honorary senior lecturer at Manchester University NHS Foundation Trust. She studied medicine at the University of Sheffield. After completion of her PhD in atrioventricular node physiology in heart failure at the University of Manchester, Dr Nikolaidou was awarded an NIHR Clinical Academic Lectureship in clinical cardiac electrophysiology and undertook post-CCT clinical electrophysiology fellowships in the UK and London, Ontario, Canada. Dr Nikolaidou’s research interests include atrioventricular optimisation of cardiac resynchronisation therapy in patients with heart failure and the management of atrial fibrillation.
Meet the speakers

Dr Alex Miras

Dr Miras is professor of endocrinology at Ulster University. His clinical and research work focus solely on obesity and type 2 diabetes. He has contributed to the clinical management and research in obesity over the past 12 years, through his work at a high throughput Obesity Centre. The specialist interests of his research group are the mechanisms of action of interventions for obesity, focusing on pharmacotherapy, medical devices and obesity surgery.

Eddie Kinsella

Eddie has been chair of the RCP Patient and Carer Network since 2020. Prior to this, he spent most of his career in the NHS as a chief executive, both at hospital and health authority level. More importantly, he has significant insight from the patient and carer’s perspective. His late wife had very rare, and ultimately fatal, auto-immune disease and they spent many years undertaking the ‘patient’s journey’ at all levels of the healthcare system.

Professor Tahir Masud

Professor Masud did his undergraduate training at Oxford and St Bartholomew’s Hospital, London and postgraduate training in Newcastle and London. He has a clinical and research interest in falls and osteoporosis and has published widely in these areas. He is the immediate past president of the British Geriatrics Society and a past president of the European Union of Medical Specialists – Geriatric Medicine Section. He is also the co-chair of the World Falls Guidelines Development Group.
Meet the speakers

Baroness Finlay of Llandaff

Baroness Finlay is first chair of the National Mental Capacity Forum (2015 –2022). She was involved in the 2005 Mental Capacity Act and its amendment in 2019. During the pandemic she ran rapid response webinars on mental capacity concerns, usually with over 500 attendees, sharing experience and expertise as new problems arose for staff working with patients. She has experience in palliative medicine since 1987, from being the first consultant in the specialty in Wales to leading service development across the principality, which exposed her to many clinical scenarios involving complex decisions. She is an elected member of the BMA Medical Ethics Committee. As a crossbench peer, she recently achieved the government’s acceptance that clinical palliative care services should be core in the NHS, making palliative care a universal right. As a co-founder of the think tank Living and Dying Well she is working to ensure care improves everywhere for those facing the end of life.

Dr Rebecca Robinson

Dr Rebecca Robinson graduated from Newcastle University, having trained in core medicine before specialising in sport and exercise medicine. From 2016 to 2018, she worked at Sheffield Teaching Hospitals in an innovative post combining exercise medicine within oncology, and has have co-led the cancer stream of the Faculty of Sport and Exercise Medicine ‘Moving Medicine’ project since 2018. Dr Robinson’s current scope of practice includes elite sport through English Institute of Sport, and in exercise medicine within secondary care and the population with long-term conditions, with clinical and research focus on the role of exercise in cancer.
Meet the speakers

Dr David Allsup

Dr David Allsup is senior lecturer in haematology at the Hull York Medical School and an honorary consultant haematologist with the Hull University Teaching Hospital. He undertook his haematology specialist training in Liverpool and was subsequently appointed as a clinical lecturer in haematology with the University of Liverpool in 2001. In 2004 he commenced work as a consultant haematologist in Hull University Teaching Hospital Trust. His clinical work in Hull encompassed all subspeciality areas but with particular emphasis on lymphoid malignancies and haemostasis. Dr Allsup is a fellow of the Royal College of Pathologists, member of the United Kingdom Haemophilia Centre Directors Organisation, member of the UK CLL Forum, a member of the NCRN CLL clinical trials subgroup and a fellow of the Higher Education Academy. He has authored and co-authored more than 70 peer-reviewed articles and book chapters and has presented his work nationally and internationally.

Professor Namita Kumar

Professor Kumar’s involvement in medical education started when she was a doctor in training. In 2003 Namita was appointed as a board member of the Postgraduate Medical and Education Training Board, the first UK regulator of postgraduate medical education. In 2010 she was appointed as Foundation School director for Northern Deanery, in 2013 to the post of postgraduate dean for HEE NE and in 2019 regional postgraduate dean for HEE North East and Yorkshire. She was made an honorary clinical professor by Durham University in 2014, Newcastle and Sunderland Universities, as well as UCLAN in 2017. She was a council member of the Academy of Medical Educators 2014–2017, and elected as a trustee councillor at the RCP in 2019. Namita is also an assessor for World Federation of Medical Education. She was appointed as a trustee for NCEPOD in January 2022, and official co-chair of HEE Postgraduate Deans in March 2022. She does a general rheumatology clinic every Monday morning at South Tyneside and Sunderland NHS Foundation Trust.