<table>
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<th>Time</th>
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<td>9.00am</td>
<td>Registration and refreshments</td>
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<td>9.30am</td>
<td>Welcome and introduction</td>
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<td>9.35am</td>
<td><strong>Session 1</strong></td>
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<td><strong>Chair</strong> – Dr Philip Johnston, RCP regional adviser, Northern Ireland</td>
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|        | Advances in the treatment of cystic fibrosis  
Dr Damian Downey, consultant respiratory physician, Belfast Health and Social Care Trust |
|        | Assessing and investigating acute headache 
Dr Raeburn Forbes, consultant neurologist, Southern Health and Social Care Trust |
|        | Cardiovascular magnetic resonance usefulness in heart failure diagnosis / cardiac diagnosis 
Professor Monica Monaghan, consultant cardiologist, Western Health and Social Care Trust |
| 11.05am| Comfort break                            |
| 11.25am| **Session 2**                            |
|        | **Chair** – Dr Stella Hughes, RCP regional adviser, Northern Ireland |
|        | Brain tumours - signs and symptoms       
Dr Lorcan Butler, optical engagement manager, The Brain Tumour Charity |
|        | Q&A                                      |
| 12.00pm| Open forum                               |
|        | Dr Sarah Clarke, RCP president, NI regional representatives and college officers, Royal College of Physicians |
| 1.00pm | Lunch                                    |
2.00pm  Session 3  
Chair – Dr Sinead Hughes, RCP regional adviser, Northern Ireland

This presentation will now be delivered virtually
Palliative medicine on the acute ward
Dr Jayne McAuley, consultant in palliative medicine, Southern Health and Social Care Trust

The world of continuous glucose monitoring (CGM)
Dr Athinyaa Thiraviaraj, consultant physician in endocrinology and diabetes, Western Health and Social Care Trust

3.00pm  Comfort break

3.15pm  Session 4  
Chair – Dr Nashid Alam, RCP regional adviser, Northern Ireland

How the pandemic impacted sexual health screening
Dr Say Pheng Quah, consultant in genitourinary medicine, Belfast Health and Social Care Trust

Right patient, right specialty - time for a change?
Dr Jennifer Addley, consultant gastroenterologist, South Eastern Health and Social Care Trust

How to integrate physical activity conversations into routine clinical care
Professor Wilby Williamson, consultant in sports and exercise medicine, Trinity College, Dublin

4.45pm  Conference closing comments – Dr Sarah Clarke, PRCP

4.50pm  Conference close

Enquiries

Booking enquiries
UKRegions@rcp.ac.uk

Northern Ireland  
Sonya Lappin, regional manager
Northernireland@rcp.ac.uk

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.
Your regional representatives in Northern Ireland

Regional advisers
Dr Philip Johnston, Royal Victoria Hospital, Belfast Health and Social Care Trust  
Dr Sinead Hughes, Altnagelvin Area Hospital, Western Health and Social Care Trust  
Dr Stella Hughes, Royal Victoria Hospital, Belfast Health and Social Care Trust  
Dr Nashid Alam, Antrim Area Hospital, Northern Health and Social Care Trust

New Consultants Committee
Dr Aidan O’Neill, Antrim Area Hospital, Northern Health and Social Care Trust

SAS Regional Representatives Network
Post vacant – if interested, please contact Jamie.read@rcp.ac.uk

Trainees Committee
Dr Andrew Spence, Belfast Health and Social Care Trust

Student Foundation Doctor Network
Dr Eamon Kirkland
Meet the speakers

Dr Damian Downey

Dr Damian Downey is a professor at the Wellcome-Wolfson Institute for Experimental Medicine at Queen’s University Belfast and a consultant respiratory physician at the Northern Ireland Regional Adult Cystic Fibrosis Centre. His main research focus is to optimise clinical response to established and new therapies in cystic fibrosis (CF). He leads an international research programme in investigator-initiated and pharmaceutical-sponsored studies to help realise this. He is also director of the European Cystic Fibrosis Clinical Trial Network providing leadership to 57 CF research centres in 17 countries.

Dr Raeburn Forbes

Dr Raeburn Forbes has been a consultant neurologist at the Southern Health and Social Care Trust since March 2004 with an interest in acute neurology and headache. He qualified from the University of Dundee Medical School in 1992, and completed an MD (Hons) in 2000. He gained a CCT in neurology following completion of higher training in Belfast in 2003. He is proud to have been a collegiate member, and subsequent fellow of the royal colleges. His hobbies include taking headache histories and teaching others how to use a tendon hammer.

Professor Monica Monaghan

Professor Monica Monaghan is a consultant cardiologist and clinical director at the South West Acute Hospital at the Western Health and Social Care Trust. Her subspecialty interests include pulmonary hypertension, the cardiomyopathies and cardiac multimodality imaging, including cardiac MRI, cardiac CT, transoesophageal echocardiography and dobutamine stress echocardiography.

She completed her cardiac MRI fellowship at Barts Heart Centre with Professor James Moon in 2016. She has a PhD in molecular biology and has an ongoing passion for teaching and academia; she is a regular contributor to peer review literature. She is an honorary professor of the Royal College of Surgeons in Ireland.
Meet the speakers

**Dr Lorcan Butler**

Dr Lorcan Butler is an optometrist and optical engagement manager with The Brain Tumour Charity. Lorcan attends optometry universities and optical conferences in the four devolved nations and delivers presentations focusing on how to detect optical signs and symptoms of brain tumours. Lorcan is an experienced speaker who is now reaching out to primary and secondary care healthcare professionals, GPs and advanced nurse practitioners to raise awareness of brain tumours. Lorcan has worked with GatewayC, Health Education England allied health professionals, and will soon be working with the National Association of Sessional GPs.

**Dr Jayne McAuley**

Dr Jayne McAuley has been a palliative medicine consultant for over 17 years now and currently works in the Southern Health and Social Care Trust (SHSCT), leading the specialist palliative care service in Craigavon Area Hospital and Daisy Hill Hospital. She is a keen educator, previously holding roles as college tutor for medicine and foundation programme director at Antrim Area Hospital. She is now the University of Ulster sub-dean for SHSCT. She has a special interest in supportive/palliative care in end stage renal disease, having been involved in setting up the first supportive low clearance clinic in Northern Ireland at Antrim Area Hospital and is currently focusing on developing a liaison service for renal patients attending the dialysis unit at Daisy Hill Hospital.
Meet the speakers

**Dr Athinyaa Thiraviaraj**

Dr Athinyaa Thiraviaraj is a diabetes doctor working in Derry. She completed her undergraduate training in Chennai, India and pursued her postgraduate training in Northern Ireland; she completed her specialty training in 2012. Athinyaa now works as a consultant physician in endocrine and diabetes at Altnagelvin Area Hospital at the Western Health and Social Care Trust and is a fellow of the Scottish Quality and Safety Fellowship Programme (cohort 9) and a qualified quality improvement team coach. She is trained in clinical and improvement coaching and is foundation programme director at Altnagelvin.

Athinyaa’s interests are type 1 diabetes, diabetes in pregnancy, and diabetes care in young people. Her interests lie in exploring new interfaces and technology that can enhance the experience for the user in both healthcare and education. Athinyaa joined Knuston Ireland in September 2015 and feels that the experience changed her approach to diabetes care. The experience, in her view, brought the ‘missing link’ to her diabetes practice, allowing her to meaningfully interpret person-centred care in diabetes.

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**Dr Say Pheng Quah**

Dr Say Pheng Quah has been a consultant in genitourinary medicine (GUM) / HIV medicine since 2003. His current and previous roles include Northern Ireland chair for the British Association for Sexual Health and HIV (BASHH) Clinical Governance Committee; member of BASHH monkeypox operational group; president of the Society for the Study of Sexually Transmitted Diseases; member of the working group for standards of management of STIs in the UK and member of the GUM Specialty Advisory Committee for the Joint Royal Colleges of Physicians Training Board.
Meet the speakers

Dr Jennifer Addley

Dr Jennifer Addley is a graduate of Trinity College Dublin and currently works as a gastroenterology consultant at the Ulster Hospital. Her areas of interest include quality improvement and service development. Dr Addley is currently the clinical lead for rapid assessment service development at South Eastern Health and Social Care Trust and sits on the ‘No more silos’ network. She is going to take us through the journey of specialty specific rapid assessment service development at her trust.

Professor Wilby Williamson

Professor Wilby Williamson is a fellow of the Faculty of Sports and Exercise Medicine, Royal College of Surgeons in Ireland and senior atlantic fellow with the Global Brain Health Institute. His specialist interests are health promotion, lifestyle medicine and heart-brain health. He currently works as the clinical director for integrative and lifestyle health medicine.

On rotation through University College Hospital London he completed core clinical training in acute critical care and higher specialist training in Cambridge and Oxford. In parallel to clinical practice, he completed clinical academic training through the National Institute of Health Research (NIHR) leading to the competitive award of a Wellcome Trust Clinical Research Training Fellowship. He subsequently led a research programme developing approaches to personalised medicine and optimised lifestyle intervention in young adults with elevated cardiovascular risk. This research applied innovative approaches in clinical exercise testing, echocardiography and advances in cardiac and brain magnetic resonance imaging techniques to better understand cardiac and vascular risk in young adults.

Dr Williamson has over 10 years’ experience leading the design and implementation of multidisciplinary integrative community and tertiary care pathways in the NHS across musculoskeletal medicine, cardiovascular prevention and falls and frailty management. Furthermore, he has led the design and implementation of innovative online engagement and health screening tools to optimise face-to-face health screening and deliver community health promotion initiatives. He is currently undertaking a fellowship in integrative medicine through the University of Arizona.