<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>08.00</td>
<td>Registration and refreshments</td>
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<tr>
<td>09.00</td>
<td>Welcome and introduction</td>
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<td>Dr Deborah Bosman, RCP regional adviser, Kent, Surrey and Sussex</td>
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<tr>
<td>09.00</td>
<td>Session 1</td>
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<td>Chair – Dr Deborah Bosman, RCP regional adviser, Kent, Surrey and Sussex</td>
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<td>Heart failure</td>
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<td>Dr Susan Ellery, consultant cardiologist, University Hospitals Sussex NHS</td>
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<td>Acute kidney injury update</td>
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<td>Dr Edward Kingdon, consultant nephrologist, University Hospitals Sussex NHS</td>
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<td>The metabolic management of cardiovascular disease – from new drugs to surgery</td>
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<td>Dr Lorraine Albon, consultant in diabetes and endocrinology, University Hospitals Sussex NHS Foundation Trust</td>
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<td>10.35</td>
<td>Comfort break</td>
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<td>11.00</td>
<td>Session 2</td>
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<td>Chair – Dr Umesh Dashora, RCP regional adviser, Kent, Surrey and Sussex</td>
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<td>Deprescribing: practical tools for everyday use</td>
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<td>Dr Elena Mucci, consultant geriatrician, East Sussex Healthcare NHS Trust</td>
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<td>Women and careers in medicine</td>
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<td>Dr Anna Crown, consultant endocrinologist, University Hospitals Sussex NHS</td>
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<td>12.05</td>
<td>Lunch</td>
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CPD code: 143248
Update in medicine

13.05  Open forum

RCP president Dr Sarah Clarke and college officers

13.45  Turner-Warwick lectures
        Chair – Dr Sarah Clarke, RCP president

Lessons learned – educating junior doctors on clinical governance
Dr Matthew Cox, acute medicine specialty registrar, University Hospitals Sussex NHS Foundation Trust

Mechanical life support
Dr Waqas Akhtar, cardiology specialty registrar, Royal Brompton and Harefield NHS Foundation Trust

14.45  Comfort break

15.10  Session 3
        Chair – Dr Jeremy Tibble, RCP regional adviser, Kent, Surrey and Sussex

Dermatology for the acute physician
Dr Andrew Morris, consultant dermatologist, Surrey and Sussex Healthcare NHS Trust

The management of inflammatory bowel disease: state of the art
Dr Steve Fong, consultant gastroenterologist, East Sussex Healthcare NHS Trust

Unexpected pathology results on call
Dr Kate Shipman, consultant chemical pathologist, University Hospitals Sussex NHS Foundation Trust

Panel Q&A

16.55  Closing comments

17.00  End of conference
Your regional representatives in Kent, Surrey and Sussex

Regional advisers
Dr Deborah Bosman, West Sussex Hospitals NHS Foundation Trust
Dr Umesh Dashora, East Sussex Healthcare NHS Trust
Dr Jeremy Tibble, Brighton and Sussex University Hospitals NHS Trust

New Consultants Committee
Vacancy

SAS Regional Representatives Network
Vacancy

Trainees Committee
Dr Yusuf Jinadu
Dr Anand Sundaralingam

Student Foundation Doctor Network
Dr Firas Nasr

Enquiries:
Holly McCarthy – regional manager
LondonSouthEast@rcp.ac.uk
Meet the speakers

Dr Susan Ellery

BIO REQUESTED

Dr Edward Kingdon

Dr Kingdon trained in nephrology and GIM in North London and has been a consultant in the Sussex kidney unit since 2003. Dr Kingdon was the clinical lead for an AKI QI project in Kent Surrey and Sussex AHSN and took part in the Think Kidneys AKI programme and RCGP AKI QI programme. He has sub-speciality interests in AKI, renal transplantation, paediatric to adult transition and HIV.

Dr Lorraine Albon

BIO REQUESTED
Meet the speakers

Dr Elena Mucci

Dr Mucci’s junior doctors call her ‘common sense adviser’ and call themselves her ‘mini-muccis’! She is a consultant geriatrician and senior clinical lecturer at BSMS. Many of you might recognise Dr Mucci from her Instagram account but there will be no dancing today!

Dr Mucci is also creator and main lecturer on the online course “masterclass in practical geriatrics”, which is a fully CPD certified 30 hours course. Her passion is personalised custom-made health care. Polypharmacy review and deprescribing is a big part of it and must be done for every patient regardless of their presentation and in any clinical setting. Today Dr Mucci will show you how you can transform the lives of your patients!

Dr Anna Crown

Dr Anna Crown is a consultant endocrinologist at the Royal Sussex County Hospital and an honorary clinical senior lecturer at the Brighton and Sussex Medical School. Her specialty training was in Bristol, where she was awarded an MRC clinical training fellowship and completed a PhD, subsequently working as a lecturer. She took up an NHS consultant post in Brighton in 2006 and is the endocrine lead and RCP Regional Specialty Adviser. The daughter of two doctors, mother of two grown-up children, Anna has always been a feminist, but in 2017 when gender pay gap reports were first published she was really shocked and founded the Trust’s gender working group.

Dr Andrew Morris

Previously a consultant dermatologist at the University Hospital of Wales and skin cancer advisor to the Welsh Assembly Government. Currently the clinical director and CEO of Sussex community dermatology service, the largest independent provider of dermatology services to the NHS.
Meet the speakers

Dr Steve Fong

Steven Fong graduated in 2006 from Bart’s and the London School of Medicine and Dentistry. After developing comprehensive medical experience working in various hospitals in London, he entered gastroenterology and General Medicine specialist training in 2010. He spent 4 years at Guy’s & St Thomas’ Hospitals where he undertook clinical research in inflammatory bowel disease (IBD) and participated as a sub-investigator in clinical trials.

Dr Fong is currently completing his PhD research regarding the use of metabonomics in IBD. He has published several peer-reviewed articles, authored many abstracts at international meetings and has been awarded prizes from the American Gastroenterology Association Research Foundation and Royal Society of Medicine.

He is currently appointed as a full-time consultant in gastroenterology and General Medicine at Conquest Hospital, East Sussex NHS Trust. He serves as the gastro departmental clinical lead and IBD Service Lead.

Dr Kate Shipman

Dr Shipman graduated in medicine from Oxford University in 2007 and completed foundation, medical and specialist training in Oxford, East of England and West Midlands deaneries respectively. Was appointed as consultant in chemical pathology in 2016 in Sussex.

In addition to full time role providing clinical and laboratory support for biochemistry in Sussex Dr Shipman is interested in teaching and research. Currently she is an honorary clinical lecturer for Brighton and Sussex Medical School, sub or principal investigator for portfolio trials, an associate editor for the Annals of Clinical Biochemistry and deputy managing editor for Lab Tests Online UK. Publications include research papers but also educational materials including textbooks, educational case series and online learning resources relating to the field of biochemistry. Main areas of interest for clinical practice are lipidology and nutrition.