<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08.00</td>
<td>Registration and refreshments</td>
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<tr>
<td>09.00</td>
<td>Welcome and introduction</td>
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<td>Dr Ian Gooding, RCP regional adviser, Eastern</td>
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<tr>
<td>09.00</td>
<td>Session 1</td>
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<td>Chair – Dr Ian Gooding, RCP regional adviser, Eastern</td>
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<td></td>
<td><strong>Radiology – practical tips for assessing routine images</strong></td>
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<td></td>
<td>Professor Tilak Das, consultant neuroradiologist,</td>
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<td></td>
<td>Cambridge University Hospitals NHS Foundation Trust</td>
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<td></td>
<td><strong>Current management of Parkinson’s disease</strong></td>
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<td></td>
<td>Dr Norman Kock, consultant neurologist,</td>
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<td>East and North Hertfordshire NHS Trust</td>
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<td></td>
<td><strong>Heart failure management</strong></td>
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<td>Professor Sanjay Sharma, consultant cardiologist,</td>
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<td>St George’s University Hospitals NHS Foundation Trust</td>
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<td>10.30</td>
<td>Comfort break</td>
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<td>11.00</td>
<td>Session 2</td>
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<td>Chair – Professor Thida Win, RCP regional adviser, Eastern</td>
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<td></td>
<td><strong>Update on pharmacotherapy for obesity</strong></td>
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<td>Professor Alex Miras, professor of endocrinology, Ulster University</td>
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<td></td>
<td><strong>Acute oncology</strong></td>
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<td>Dr Joanne Evans, consultant in medical oncology,</td>
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<td>Imperial College Healthcare NHS Trust; The Institute of Cancer Research</td>
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<td>12.10</td>
<td>Lunch and poster viewing</td>
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## Update in medicine

### 13.10 Open forum
RCP president Dr Sarah Clarke; Dr Cathryn Edwards, registrar; and college officers, Royal College of Physicians

### 13.50 Turner-Warwick lectures
Chair – Dr Sarah Clarke, RCP president

- **Shared decision making in cardiology: rationale, evidence and implementation**
  Dr Nicolai Grüner-Hegge, Cambridge University Hospitals NHS Foundation Trust

- **Influences on preparedness to practise: exploring the experiences of UK medical graduates during the COVID-19 pandemic**
  Dr Rosemary Arnott, United Lincolnshire Hospitals NHS Trust

### 14.40 Comfort break

### 15.00 Session 3
Chair – Dr Khin Swe Myint, RCP regional adviser, Eastern

- **How to handle haematology issues on the acute take**
  Dr Rachel Brown, consultant haematologist, Manchester University NHS Foundation Trust, and haematology training programme director, Health Education England – North West

- **Heart failure and palliative medicine**
  Dr Ros Marvin, consultant in palliative medicine, St Clare Hospice, Hastingwood, Essex

- **An update on vasculitis**
  Professor David Jayne, professor of clinical autoimmunity, Cambridge University Hospitals NHS Foundation Trust

### 16.45 Closing comments and prize presentation for winning poster entries
Dr Sarah Clarke, RCP president

### 16.55 End of conference
Your regional representatives in the Eastern region

Regional advisers
Dr Khin Swe Myint, Norfolk and Norwich University Hospitals NHS Foundation Trust
Professor Thida Win, East and North Hertfordshire NHS Trust
Dr Ian Gooding, East Suffolk and North East Essex NHS Foundation Trust

New Consultants Committee
Dr Katie Honney

SAS Regional Representatives Network
Vacancy

Trainees Committee
Dr Aicha Bouraoui
Dr Anthony Martinelli

Student and Foundation Doctor Network
Dr Jilse Joshy
Dr Lucy Richman

Enquiries:
Susan Cyprus – regional manager
EasternRegion@rcp.ac.uk
Meet the speakers

**Professor Tilak Das**

BIO REQUESTED

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**Dr Norman Kock**

Dr Kock qualified from the University of Luebeck, medical school, Germany in 2001. He went on to train at University Hospital Schleswig-Holstein. He has held two research posts at Harvard Medical School and Ottawa University Hospital, Canada studying movement disorders. Dr Kock has been an NHS consultant since 2009 and currently works at the Lister hospital in Stevenage. He is also a senior clinical tutor for the University of Cambridge. His professional interests include movement disorders, particularly Parkinson’s disease and dystonia, clinical research studies for Parkinson’s disease, and teaching at both undergraduate and postgraduate levels.

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**Professor Sanjay Sharma**

BIO REQUESTED
Meet the speakers

Professor Alex Miras
Alex Miras is professor of endocrinology at Ulster University. His clinical and research work focus solely on obesity and type 2 diabetes. He has contributed to the clinical management and research in obesity over the last 12 years, through his work at a high throughput obesity centre. The specialist interests of his research group are the mechanisms of action of interventions for obesity, focusing on pharmacotherapy, medical devices and obesity surgery.

Dr Joanne Evans
BIO REQUESTED

Dr Nicolai Grüner-Hegge
BIO REQUESTED
Meet the speakers

Dr Rosemary Arnott

Rosie Arnott is an ST6 in geriatric medicine with a particular interest in medical education. From 2019-2021 she took two years out of programme to be an undergraduate clinical teaching fellow at Nottingham University Hospitals. Earlier this year, she completed her Masters in medical education with this lecture being based on her dissertation topic. She continues to develop her interest in medical education, supporting post-graduate teaching at her local trust and feels passionately about the importance of a kind and compassionate working environment to support learning. Outside of medicine, she lives with her husband, 2 children and 2 guinea pigs. She enjoys having holidays by the sea, going on walks and spending time with her family.

Dr Rachel Brown

Dr Brown is a haematology consultant at Manchester Foundation trust and is the lead for myeloma and general haematology. She is also the clinical director for laboratory haematology and a member of the reporting team for the regional haematological cancer diagnostics reporting service. She is also the training program director for haematology in Manchester.

Dr Ros Marvin

Ros graduated from the University of Edinburgh in 2008, completing her foundation training in Glasgow before moving to Cambridge in 2010. She developed an interest in heart failure as a specialist registrar in Addenbrooke’s Hospital. As a consultant in Garden House Hospice and most recently St Clare Hospice, she has forged links between heart failure and palliative care teams to educate professionals and improve patient care. Ros lives in Cambridge with her partner and 7 year old son.
Meet the speakers

**Professor David Jayne**

David Jayne is a clinician practicing in Cambridge where he directs a severe autoimmune disease service caring for over 2000 patients with vasculitis, lupus and associated disorders. He has over 30 years research experience, focusing on first into disease clinical trials, biomarker development and the assembly of multi-national (now global) collaborative research networks. He is the founder and current President of the European Vasculitis Society and a founder member of the Lupus Nephritis Trials Network. He has led or contributed, with academia and industry, to successful Phase III programs for rituximab and avacopan (anti-C5aR) in ANCA vasculitis, mepolizumab (anti-IL5) in EGPA, mycophenolate mofetil and voclosporin in lupus nephritis. He has led or contributed to multiple international guideline statements in lupus nephritis and vasculitis. He has published over 500 peer reviewed papers, H index 117 (google scholar).