## Session 1
Chaired by Professor Jack Kastelik, RCP regional adviser

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>09:10</td>
<td>Motor neuron disease</td>
<td>Dr Agam Jung, consultant neurologist with expertise in motor neuron disease, Leeds Teaching Hospitals NHS Trust</td>
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<td>09:50</td>
<td>Chronic cough: old disease, new treatments</td>
<td>Professor Alyn Morice, head of respiratory medicine, Hull York Medical School</td>
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<td>10:30</td>
<td>Mpox and the vital role GU medicine plays in general healthcare</td>
<td>Dr Claire Dewsnap, president of the British Association for Sexual Health &amp; HIV</td>
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### Session 2
Chaired by Dr Helen Collinson, RCP regional adviser

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speakers</th>
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<tr>
<td>11:30</td>
<td>Open forum</td>
<td>Professor Cathryn Edwards, RCP registrar, Dr Omar Pirzada, RCP regional adviser, Dr Rehan Qureshi, RCP SAS committee representative, Dr Catherine Rowan, RCP Trainees Committee representative, Miss Fozia Saeed, RCP chief registrar</td>
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<td>12:00</td>
<td>The hidden pandemic</td>
<td>Dr Louise Buchanan, consultant cardiologist and associate medical director, North Cumbria Integrated Care NHS Foundation Trust</td>
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<td>12.40</td>
<td>Lunch</td>
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Update in medicine

**Session 3**
Chaired by Dr Mark Chanayireh, RCP regional adviser

13:40 **Advances in the treatment of non-small cell lung cancer**
Professor Michael Lind, foundation professor of oncology and honorary consultant, Hull University Teaching Hospitals NHS Trust

14:20 **SIMMS Lecture**
Fix IT: see and solve problems in digital healthcare
Professor Harold Thimbleby, see change fellow in digital health

15:00 Comfort break

**Session 4**
Chaired by Dr Omar Pirzada, RCP regional adviser

15:20 **Turner-Warwick winning lecture (Northern):**
Is muscle weakness getting on your nerves?
The neurophysiology of sarcopenia
Dr Stuart Maitland, academic clinical fellow in neurophysiology, Newcastle University

15:45 **Turner-Warwick winning lecture (Yorkshire):**
The use of whole genome sequencing to characterise hospital outbreaks of COVID-19
Dr Benjamin Lindsey, academic clinical fellow in infectious diseases, Sheffield University

16:10 **Recent advances in stroke medicine for the busy physician**
Dr Rayessa Rayessa, consultant stroke physician, Hull University Teaching Hospitals NHS Trust, clinical lead, Humber and North Yorkshire Integrated Stroke Delivery Network

16:50 Closing comments
Your regional representatives in Yorkshire

Regional advisers
Dr Omar Pirzada
Dr Martin Chanayireh
Dr Helen Collinson
Professor Jack Kastelik

New Consultants Committee
Vacancy

SAS Regional Representatives Network
Dr Rehan Azim Qureshi

Trainees Committee
Dr Linford Fenandes
Dr Catherine Rowan

Student Foundation Doctor Network
Melissa Matthews
Dr Usamah Muhammad Afzal

Enquiries:
Tetyana Spetch – regional manager
Yorkshire@rcp.ac.uk
Meet the speakers

Dr Agam Jung
Dr Agam Jung is a consultant neurologist at Leeds Teaching Hospitals NHS Trust and is the director of the Leeds Motor Neurone Disease Care Centre. She is an international medical graduate and trained as a general physician prior to training as a neurologist in the UK. She has an interest in medical education and has taught neurology in Malawi, Uganda and Rwanda. She is developing a one of its kind ‘The Rob Burrow Centre for motor neurone disease’ at Leeds to ensure patients and their families get the best support in the best environment from a multidisciplinary team.

Professor Alyn Morice
Professor Alyn Morice was appointed foundation chair, professor and head of the respiratory research group at Hull York Medical School in 1998. Cough has been described as the Cinderella symptom of respiratory disease and has been his main research interest. He has pioneered investigation into the epidemiology, diagnosis and therapeutics of cough, culminating in the production of national and European Respiratory Society cough guidelines. His research on the neuronal mechanisms has radically altered our understanding and led to the concept of cough hypersensitivity. This has been translated by randomised controlled clinical trials into therapeutic advances (opiates and P2X3 antagonists). While overlapping with other respiratory disease, it is now recognised as a distinct condition (the cough hypersensitivity syndrome).

Dr Claire Dewsnap
Dr Claire Dewsnap is a consultant physician in genitourinary medicine at Sheffield Teaching Hospital NHS Foundation Trust and the current president of the British Association for Sexual Health and HIV (BASHH). Claire has undertaken a number of leadership roles within the NHS, including clinical lead, and lead for quality improvement across outpatient services. Her organisational areas of interest include change implementation, quality and service improvement and teaching and training. She has led and been involved in numerous quality improvement and change implementation projects both strategically and operationally. As BASHH president Claire has represented the specialty at national and international mpox events over the past 12 months and has spoken on STIs and HIV at numerous conferences.
Dr Louise Buchanan
Dr Louise Buchanan is a consultant cardiologist and associate medical director for emergency care and medicine at North Cumbria Integrated Care NHS Foundation Trust. She is also currently the treasurer for the European Association of Percutaneous Cardiovascular Interventions (EAPCI), following a term as chair of the EAPCI Women Committee. Her research interests have focused on the differences between men and women in heart disease with an aim to reduce inequalities in diagnosis and treatment. She also works to promote women as professionals within the field of interventional cardiology and has completed the Women Transforming Leadership Programme at the University of Oxford.

Professor Michael Lind
Professor Michael Lind qualified from Guy’s Hospital in 1981 and went on to hold posts as a research fellow at The Christie NHS Foundation Trust, and as lecturer and subsequently senior lecturer in medical oncology at Newcastle University. Michael is currently a professor of oncology at the University of Hull with a special interest in pulmonary oncology. He occupies the role of chair of the Public Health England lung cancer reference group and has previously been chair of the pulmonary tumours National Cancer Research Institute subgroup.

Professor Harold Thimbleby
Professor Harold Thimbleby is a professor of computer science, the See Change fellow in digital health based at Swansea University and an honorary fellow of the RCP. He works in digital healthcare, and has recently published the book *Fix IT: see and solve the problems of digital healthcare* (OUP), which won the 2022 BMA award in general medicine. Harold is a member of the World Health Organization’s Patient Safety Network and an adviser to the Clinical Human Factors Group and to the UK Medicines and Healthcare products Regulatory Agency.
Dr Stuart Maitland
Dr Stuart Maitland is an academic clinical fellow in neurophysiology. He is currently finishing his internal medicine training having recently taken time out of programme to complete a PhD in neurophysiology, where he developed new methods of measuring and investigating the nervous system. Stuart’s interest is in combining insights from computer science into medicine, and to investigate how this can help us understand the function of our nerves and muscles.

Dr Benjamin Lindsey
Dr Benjamin Lindsey is an NIHR (National Institute for Health and Care Research) academic clinical fellow in infectious diseases and medical virology based in Sheffield. His research interests include respiratory virus genomics and immunology. He attended medical school at Imperial College London before completing his foundation and core medical training in London and Portsmouth. During time out of training he completed an MSc in infectious disease immunology and worked as a research fellow at the MRC Unit in The Gambia.

During the COVID-19 pandemic he was a member of the COVID-19 Genomics UK Consortium (COG-UK) where he undertook the work he will present today.

Dr Rayessa Rayessa
Dr Rayessa Rayessa trained as a geriatrician in North East London followed by a stroke fellowship in Edinburgh, and was one of the first trainees to benefit from the dedicated specialist stroke training, culminating in a CCST in stroke. They have been a stroke consultant in Hull University Teaching Hospitals NHS Trust for the past 14 years and held various leadership positions, including clinical lead and research lead for the service and latterly the clinical lead for the integrated stroke delivery network in Humber and North Yorkshire. Their passions lie in service development and improvement including pathway transformations (operationally) and cerebral amyloid angiopathy and atrial fibrillation management (clinically).

Dr Rayessa has also completed an LLM in medical law and ethics from University of Edinburgh and an executive MBA from Hull University.