<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>08.15</td>
<td>Registration and refreshments</td>
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<tr>
<td>09.00</td>
<td>Welcome and introduction</td>
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<tr>
<td>09.05</td>
<td>Session 1</td>
<td>Chaired by Dr Ravi Madhotra, RCP regional adviser</td>
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<td>09.05</td>
<td>Perioperative medicine: What the general physician needs to know</td>
<td>Dr Shvaita Ralhan, consultant physician in gerontology and perioperative medicine,</td>
<td>Oxford University Hospitals NHS Foundation Trust</td>
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<tr>
<td>09.40</td>
<td>Managing type 2 diabetes as a reversible condition</td>
<td>Dr David Cavan, consultant endocrinologist,</td>
<td>University Hospitals Dorset NHS Foundation Trust</td>
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<tr>
<td>10.15</td>
<td>Novel strategies in nephrology and future expectations</td>
<td>Dr Jyoti Baharani, consultant nephrologist and associate medical director,</td>
<td>University Hospitals Birmingham NHS Foundation Trust</td>
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<td>10.50</td>
<td>Comfort break</td>
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<tr>
<td>11.15</td>
<td>Session 2</td>
<td>Chaired by Dr Asif Humayun, RCP regional adviser</td>
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<td>11.20</td>
<td>100 years of the misuse of nitrous oxide — an increasing public health issue</td>
<td>Dr David Nicholl, consultant neurologist,</td>
<td>University Hospitals Birmingham NHS Foundation Trust; Sandwell and West</td>
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<td>Birmingham NHS Trust</td>
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<td>12.00</td>
<td>Chemsex - Health impact of sexualised substance use in GBMSM</td>
<td>Dr Aseel Hegazi, consultant in HIV and sexual health,</td>
<td>Guy’s and St Thomas’ NHS Foundation Trust</td>
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<tr>
<td>12.40</td>
<td>Lunch</td>
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Update in medicine

Session 3

13.40  Open forum with the RCP president
Dr Sarah Clarke, RCP president
Professor Cathryn Edwards, RCP registrar
Dr Jamie Kitt, RCP trainees committee
Dr John Wrightson, Deputy Head of School of Medicine, Thames Valley

14.20  Turner-Warwick winning lecture: Oxford and Thames Valley
Characteristics of open access skin cancer image datasets used to train artificial intelligence algorithms: implications for equitable digital health
Dr David Wen, NIHR academic clinical fellow in dermatology, Oxford University Hospitals NHS Foundation Trust

14.45  Turner-Warwick winning lecture: West Midlands
Extending the reach of expert amyloidosis care: a feasibility study exploring the staged implementation of a UK amyloidosis network
Dr Chern Hsiang Choy, clinical fellow, University Hospitals Birmingham NHS Foundation Trust

15.10  Turner-Warwick plaque presentations

15.15  Comfort break

15.35  Session 4
Chaired by Dr Asif Humayun, RCP regional adviser

15.40  Sleep: everything you need to know for your patients and yourself!
Dr Allie Hare, consultant in sleep medicine and respiratory ventilation, Guy’s and St Thomas’ NHS Foundation Trust

16.20  The benefits of exercise and how to help your patients do it
Dr Ruth Poole, consultant in diabetes and endocrinology, University Hospitals Dorset NHS Foundation Trust

17.00  Closing comments

17.05  Conference close

Please note that any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.

This programme may be subject to change.
Your regional representatives in the Oxford Thames Valley region

**Regional advisers**
Dr Claire Pulford  
Dr Asif Humayun  
Dr Ravi Madhotra

**New Consultants Committee**
Vacancy

**SAS Regional Representatives Network**
Dr Chinnaya Asari Thiyagarajan

**Trainees Committee**
Dr Jamie Kitt  
Dr Sharath Panamoottil

**Student Foundation Doctor Network**
Tbc

**Enquiries:**
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Jenny.ward@rcp.ac.uk