



Acute care toolkit 4

Delivering a 12-hour, 7-day consultant presence on the acute medical unit October 2012

Appendix 3: Example rotas

These examples are designed to demonstrate how rotas involving 10 consultants may be constructed to provide 12- and 14-hour AMU consultant cover, 7 days per week. As indicated in the text of the toolkit, most AMUs will require more than one consultant to be present during daytime hours, depending on the anticipated numbers of patient contacts. These rotas assume that each participating consultant takes an equal share in the weekend and weekday rotas. Local variations from these models may be required to account for differences in individual consultant job plans, but must ensure that optimal continuity is maintained wherever possible. The PA calculation will include time for patient-related administration.

10-week rolling consultant rota providing 14-hour AMU presence, 7 days per week

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	1	1	1	1	1	9	9
1500–2200	10	10	10	10	10	4	4
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	4	4	4	4	4	3	3
1500–2200	5	5	5	5	5	6	6
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	7	7	7	7	7	10	10
1500–2200	8	8	8	8	8	9	9
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	3	3	3	3	3	8	8
1500–2200	6	6	6	6	6	2	2
Week 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	9	9	9	9	9	5	5
1500–2200	1	1	1	1	1	7	7
Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	2	2	2	2	2	1	1
1500–2200	4	4	4	4	4	8	8
Week 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	6	6	6	6	6	2	2
1500–2200	3	3	3	3	3	10	10
Week 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	5	5	5	5	5	6	6
1500–2200	7	7	7	7	7	3	3
Week 9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	10	10	10	10	10	4	4
1500–2200	9	9	9	9	9	1	1
Week 10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–1600	8	8	8	8	8	7	7
1500–2200	2	2	2	2	2	5	5

Weekdays		PAs	Days	Total
0800–1600	8 hours	2	5	10
1500–1900	4 hours	1	5	5
1900–2200	3 hours	1	5	5
				20

Area covered	Numbers
AMU 1 zones 2 and 3	1
AMU 1 zone 4	1
AMU short stay	2
On-call	3
Total	7

10-week rolling consultant rota providing 12-hour AMU presence, 7 days per week

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	1	1	1	1	2	2	2
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	8	8	8	8	4	4	4
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	5	5	5	5	10	10	10
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	2	2	2	2	6	6	6
Week 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	4	4	4	4	3	3	3
Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	7	7	7	7	8	8	8
Week 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	9	9	9	9	1	1	1
Week 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	6	6	6	6	5	5	5
Week 9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	10	10	10	10	7	7	7
Week 10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800–2000	3	3	3	3	9	9	9

Weekdays		PAs	Days	Total
0800–1900	8 hours	2.75	5	13.75
1900–2000	1 hour	0.33	5	1.65
				15.4

Weekends		PAs	Days	Total
0800–2000	12 hours	4.0	2	8.0

Total 1st on PAs in 10-week rota	23.4
Per week	2.3