



Update in medicine – Brighton

Wednesday, 20 March 2019

Mayo Wynne Baxter Lounge

AMEX Stadium, Village Way, Brighton, BN1 9BL

6 CPD Points

08:45 **Registration and coffee** (iTalk Lounge)

09:20 **Welcome and introduction**
Dr Jeremy Tibble, RCP regional adviser (KSS)

Session 1 – Acute ‘ologies’

Chair: Dr Jeremy Tibble, RCP regional adviser (KSS)

09:30 **Acute cardiology in 2019 and a glimpse in the future**
Dr Adam de Belder, consultant cardiologist, Brighton and Sussex University Hospitals

10:00 **Acute neurology: new pathways for common neurological presentations**
Dr Salman Haider, National hospitals for Neurology & Neurosurgery

10:30 **Acute rheumatology**
Dr Vijay Hajela, consultant rheumatologist, Brighton and Sussex University Hospitals

11:00 Morning coffee break (iTalk Lounge)

Session 2 – Preserving Health

Chair: Dr Michael Glynn, RCP regional adviser (London central)

11:20 **Salvation in a yoghurt – does your gut microbiota hold the secrets to good health?**
Dr Gareth Parkes, consultant in gastroenterology & IBD, Royal London Hospital

11:50 **'Sleeplessness & Health – a critique'**
Emeritus Professor Jim Horne, sleep neuroscientist, Loughborough University

12:30 Lunch (iTalk Lounge)

Session 3 - Open forum

Chair: Dr Umesh Dashora, RCP regional adviser (KSS)

13:30 **Open forum**
Dr Andrew Goddard, president, Royal College of Physicians

14:15 **Turner-Warwick Winner** (Kent, Surrey and Sussex)
Oral dietary nitrate supplementation to enhance pulmonary rehabilitation in COPD
Dr Matthew Pavitt, airways registrar, Royal Brompton Hospital



14:45 **The impact of AI on the practice of medicine: disentangling fact from fiction**
Dr Jeremy Reffin, co-director, Text & Predictive Analytics Laboratories, University of
Sussex

15:15 **Working coffee break (iTalk lounge)**

Session 4 – Chronic diseases

Chair: Dr Deborah Bosman, RCP regional adviser (KSS)

15:45 **New diabetes drugs**
Dr Benjamin Field, consultant in diabetes & endocrinology, Surrey and Sussex
Healthcare NHS Trust

16:15 **An overview of pulmonary hypertension**
Dr Harpreet Ranu, consultant respiratory physician
Brighton and Sussex University Hospitals NHS Trust and honorary consultant, Royal
Brompton Hospital

16:45 **Hyponatraemia**
Dr Ali Chakera, consultant in diabetes & endocrinology, Brighton and Sussex
University Hospitals

17:15 **Closing remarks**
Dr Jeremy Tibble, RCP regional adviser (KSS)

Please note that any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.

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