



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

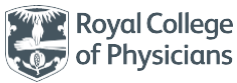
Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>



### Procedure for measuring lying and standing BP

- > Use a manual sphyg if possible.
- > Lie down 5 minutes. Take BP 1.
- > Stand up. Take BP 2 in 1st min.
- > After 3 minutes, take BP 3.

Continued opposite >>>

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)

**A positive result is:**

- > A drop in systolic BP of 20mmHg or more.
- > A drop to below 90mmHg on standing.
- > A drop in diastolic BP of 10mmHg with symptoms.

For further info, visit

[rcplondon.ac.uk/falls/bp](http://rcplondon.ac.uk/falls/bp)