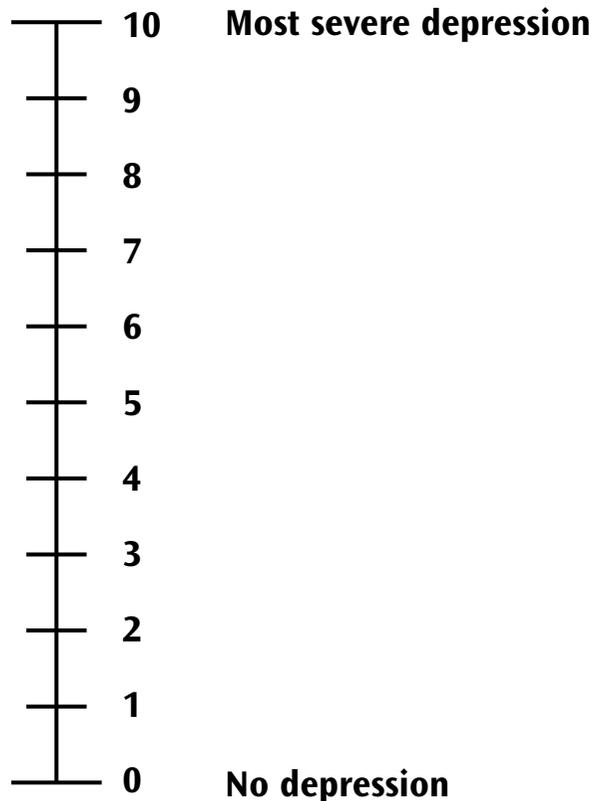


The Numeric Graphic Rating Scale (NGRS)

THIS SCALE MAY BE PHOTOCOPIED



Instructions for administration

Say to the patient:

1. This is a scale to measure depression.
2. Please point to Indicates
 - The Highest score *[should indicate 10]*
 - The Mid-point score *[should indicate 5]*
 - The Lowest score *[should indicate 0]*

[Continue only if satisfactorily accomplished]
3. The numbers show how depressed you feel.
[Indicate 0]
 - The bottom of the scale shows no depression.

[Indicate 10]
 - The top shows depression as bad as it can be.

[Pointing at each number in ascending order]
 - As you go from the bottom of the scale to the top, you can see that depression is becoming more and more severe.
4. Which point on the scale shows how depressed you feel today?

To the administrator:

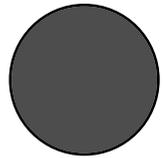
In your opinion was the person able to understand this scale?

Yes No

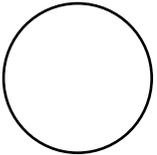
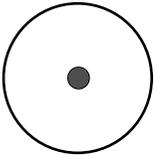
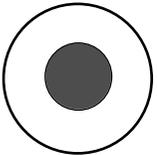
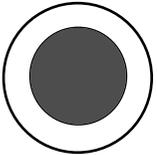
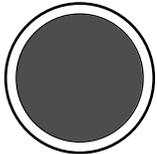
Comment:

The Depression Intensity Scale Circles (DISCs)

THIS SCALE MAY BE PHOTOCOPIED



Most severe depression



No depression

Instructions for administration

Say to the patient:

1. This is a scale to measure depression.
2. Please point to each of the circles in turn to make sure that you can see them all
[Continue only if satisfactorily accomplished]

3. The grey circles show how depressed you feel.

[Indicate the clear circle at the bottom]

- The bottom circle shows no depression.

[Indicate the fully shaded circle at the top]

- The top circle shows depression as bad as it can be.

[Pointing at each circle in ascending order]

- As you go from the bottom circle to the top, you can see that depression is becoming more and more severe.
- Which of these circles shows how depressed you feel today?

To the administrator:

In your opinion was the person able to understand this scale?

Yes No

Comment