



Flexible portfolio training

Flexible portfolio training (FPT) is a new initiative within higher specialty training run by Health Education England and the Royal College of Physicians that protects 1 day a week (or 20 % time equivalent) for professional development.

The training scheme is an approach to meet the demand for flexible working in higher specialty training and for trainees to engage in work that will benefit their non-clinical professional development. It provides protective time away from clinical medicine to pursue other avenues. Each pathway will expose the trainee to different individuals, networks and teams, not always visible in traditional, daily medical registrar work.

A flexible portfolio trainee's non-clinical day will be focused on one of four pathways:

- ▶ medical education
- ▶ quality improvement
- ▶ research
- ▶ clinical informatics.

- ▶ improve recruitment and retention of medical registrars
- ▶ encourage well-rounded clinicians
- ▶ benefit trusts with service improvement and innovation
- ▶ improve patient care.

The role at a glance:

- ▶ 20 % protected time for professional development
- ▶ 80 % clinical practice
- ▶ available in hard-to-recruit specialties in hard-to-recruit areas
- ▶ currently available at ST3 level
- ▶ varies across regions – bespoke programme centred around local resources.

FPT aims to:

- ▶ improve morale and wellbeing
- ▶ respond to the desire to train flexibly
- ▶ promote non-clinical professional development



Interested parties can contact: flexibleportfoliotraining@rcplondon.ac.uk for more information