Multimorbidity in General Practice

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Stepping forward
Commissioning principles for collaborative care and support planning
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Single disease solutions will not work!
Medical vs Holistic Model

**CRISIS PLAN**
Coordinating Complex Care from a provider perspective. Designed to reduce use of Acute Services.

**CARE AND SUPPORT PLANNING**
Support & coaching. Owned by the person living with LTC-goals and actions. Designed to support self care and autonomy
Coordinating Complex Care from a provider perspective. Designed to reduce use of Acute Services.
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Guideline medicine vs care and support planning

Adapted from John Young’s Frailty Model
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Collaborative care and support planning model

Context

Review
Making it Happen

Preparation
Conversation

Record
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The House of Care

- **Organisational and supporting processes**
- **Engaged, informed individuals and carers**
- **Person-centred coordinated care, through care and support planning**
- **Health and care professionals committed to partnership working**

Commissioning including “more than medicine”
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Core Principles of Collaborative Care and Support Planning (CC&SP)

- Plan around the person, not the disease(s)
- CC&SP is the core delivery model
- CC&SP requires a whole-system approach
- Encourage a flexible approach to guidelines
- Implement effective integration of services
- Reinforce primary care as a person-centred system with General Practice at its core

Outcomes-based commissioning/Alliance contracting
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CC&SP link