RCP Chief Registrar Programme
To develop chief registrars with the skills to lead and transform healthcare of the future
Guidance for trainees

‘Chief registrar teaching has been invaluable for developing the practical tools for making changes.’
Dominic Cottrell
chief registrar 2020/21
Mission: To continually improve the standard of patient care by providing high-quality and innovation-driven leadership development for trainee doctors who are committed to quality improvement.

Chief registrars are senior trainees and aspiring leaders who care deeply about improving the NHS and delivering better outcomes for patients, services and trainees. At a time when the NHS faces ever-increasing pressures, the skills and motivation to lead change and engage others in continuous improvement are crucial for senior clinical leaders.

With 40–50% protected time, and support from the RCP’s development programme, chief registrars have the opportunity to develop their skills in leadership, management and quality improvement (QI) and test their learning in a supported environment.

What do chief registrars do?
Chief registrars have lots of autonomy to shape their role and focus on the most important local challenges. Chief registrars might work on:

- **Service improvement:** Developing new services, redesigning pathways and introducing changes using QI methodology to improve outcomes for patients, teams and services.
- **Engagement and morale:** Providing a ‘bridge’ between trainees, senior clinical leaders and management, ensuring that trainees feel valued and supported, and that their voice is heard at the highest level.
- **Education and training:** Improving access to education and training opportunities, offering non-clinical training, mentoring other trainees in QI and supporting them to develop their own initiatives.
- **Workforce:** Improving junior doctors’ working conditions, introducing new posts, and coordinating workforce deployment.
- **Sustainability:** Improving efficiency, reducing waste and modifying processes to prevent duplication and unnecessary activities.

The role at a glance

- Open to all physician and non-physician specialties
- Doctors in training must be minimum ST4 level or equivalent
- Posts must be for a minimum of 12 months
- Doctors in training must have 40–50% of their time protected for chief registrar activities
- The role may be carried out in programme or out of programme (training or experience).

‘The training modules delivered by the RCP have equipped me with not only an improved understanding of QI and change management, but also a better understanding of workplace cultures, of others and of myself.’

Joe Hetherington
chief registrar 2020/21

‘The leadership strategies and styles learnt through the programme have enabled me to contextualise healthcare leadership and develop my own influencing style.’

Hina Iftikhar
chief registrar 2020/21

Read the chief registrar yearbook for more information about the kinds of projects chief registrars undertake. Available to download from www.rcplondon.ac.uk/projects/outputs/rcp-chief-registrar-alumni
Benefits for trainees

> **Flexible training:** With 40–50% protected time for leadership and management development, chief registrars continue in clinical practice but have time and flexibility to focus on non-clinical personal and professional development – great preparation for life as a consultant.

> **Learning from experience:** Chief registrars gain knowledge and skills that are invaluable for future consultant and senior leadership positions, and are able to put these into practice on the hospital shop floor.

> **Mentoring and support:** Mentorship from a local senior clinical leader and support from the RCP and peers ensures chief registrars have ready access to advice and guidance that helps them navigate complex NHS systems and achieve success in their projects.

> **Networking:** Chief registrars are the senior clinical leaders of the future. The close relationships and strong alumni community built through the RCP development programme represents a valuable source of support and contacts as leadership careers develop, not to mention the opportunities to meet national NHS and RCP leaders.

> **Leadership profile:** A visible role as a local leader ensures that chief registrars are recognised for their skills and abilities, have a platform to influence change, and gain insight into leadership and management processes within their organisation.

‘For those who aspire to change and improve the part of the medical world they inhabit I can think of no better model for gaining experience.’

Oliver Ng
Chief registrar 2020/21

RCP development programme

Chief registrars benefit from a bespoke leadership development programme delivered by the RCP.

> Five 2-day modules delivered between September 2022 and June 2023. We hope to deliver this programme face to face but will be driven by government guidance regarding COVID-19. Locations for these modules will be confirmed once we have an idea of where our chief registrars will be based. Updates will follow.

> Modules cover topics such as leadership, change management, team culture and development, QI methodology and navigating the NHS.

> Action learning sets for peer support.

> Mentorship from a local senior clinical leader.

> Support from the RCP and peers in the chief registrar alumni network.

> Speaking, networking and poster presentation opportunities.

‘By completing the chief registrar leadership training I have been able to gain confidence in approaching and talking to senior leaders within my trust about my ideas.’

Georgina Beckley
Chief registrar 2020/21
Do I have to come out of programme to be a chief registrar?

It should be possible to undertake the role as an in-programme, out-of-programme training or out-of-programme experience opportunity dependent on local organisational needs and individual training preferences. Talk to your directors of medical education and your training programme director about the options available.

I want to apply. Who do I need to inform?

Recruitment is carried out locally by the recruiting organisation. You should discuss making an application with your educational supervisor and training programme and gain permission to apply before making an application.

Please note that out-of-programme requests must be agreed with your HEE regional dean and training programme director. Candidates seeking to undertake the role out of programme will need to notify the Joint Royal Colleges of Physicians Training Board (JRCPTB) with at least 3 months’ notice.

Where can I find out about chief registrar vacancies?

NHS organisations will express an interest to the RCP to indicate their intentions to recruit a chief registrar.

Contact the RCP via chiefregistrar@rcp.ac.uk for up-to-date information about specific organisations you are interested in.

Recruiting organisations will also advertise their posts locally and some may also choose to advertise their chief registrar posts on NHS Jobs, as well as RCP college tutors and directors of medical education (DMEs) being able to advise on vacancies.

You can also contact your DME to see whether your trust has a chief registrar. You could work with your trust or health board to create the chief registrar post. The RCP can help with this process.

Do chief registrars need to be in training?

No, the 2022–23 Chief Registrar Programme is now open to trainees ST4+ or equivalent, including those who do not hold a national training number.

My organisation doesn’t have a chief registrar yet. How can I help them get on board?

The RCP can provide you with a business case and evidence of impact from an independent evaluation to take to senior clinical leaders within the organisation to encourage recruitment.

How much does it cost?

The cost of the RCP Chief Registrar Programme is £3,999 (VAT exempt). Recruiting organisations are expected to cover the cost of the post and the place on the RCP Chief Registrar Programme as well as the travel and accommodation related to the development programme. Recruiting organisations are advised that reimbursement arrangements should be agreed locally.

Where will the training take place?

We will deliver the programme through a combination of face-to-face and online learning. We will be driven by governance regarding COVID-19 when determining dates for face-to-face modules.

Locations for these modules will be confirmed once we have an idea of where our chief registrars will be based. Updates will follow.

What do I get at the end of my time in post as chief registrar?

Chief registrars will receive a certificate of completion from the RCP and are in a good position to apply for associate fellowship of the Faculty of Medical Leadership and Management. There are also opportunities for chief registrars to get involved with wider RCP work.
‘The leadership programme provided me with a valuable framework with which to approach transformation in healthcare. Along with this, protected time dedicated to quality-improvement, educational and pastoral projects has given me the scope to make meaningful change.

Overall, this year has provided me with invaluable experience for future leadership roles and a career as a consultant.’

Asanka Wijendra, chief registrar 2020/21

Check out our website for stories from past RCP chief registrars
www.rcp.ac.uk/projects/chief-registrar-programme

Email: chiefregistrar@rcp.ac.uk