Acute hospital care for frail older people – front door through to the back door
1 June 2016

Royal College of Physicians, 11 St Andrews Place, Regent’s Park, London NW1 4LE

Programme organiser: Professor Simon Conroy, University Hospitals of Leicester

09.30 Registration and coffee

09.55 Welcome and opening remarks
Professor Jane Dacre, president, Royal College of Physicians

Session 1: The emergency department
Chair: Dr Graham Ellis, University of Glasgow

10.00 Emergency department – evidence base
Professor Simon Conroy, University hospitals of Leicester

10.20 Emergency department – how to get an improvements/implementation focus
Dr Jay Banerjee, University Hospitals of Leicester

10.40 Coffee

Session 2: The Acute Medical Unit (AMU)
Chair: Professor Simon Conroy, University Hospitals of Leicester

11.00 Acute frailty units – evidence base
Professor Stuart Parker, Newcastle University

11.20 Acute frailty units – how to get an improvements/implementation focus
Dr Ian Sturgess, NHS Emergency Care Intensive Support Team (ECIST)
Session 3: Hospital at home
Chair: Professor Stuart Parker, Newcastle University

11.40  Hospital at home – evidence base
       Professor Sasha Shepperd, University of Oxford

12.00  Hospital at home – how to get improvements
       Dr Graham Ellis, University of Glasgow

12.20  Lunch

Session 4: Disruptive innovation – challenging the status quo
Chair: Dr Ian Sturgess, NHS Emergency Care Intensive Support Team (ECIST)

13.20  Making a difference on the front line
       Professor Tom Downes, Sheffield Teaching Hospitals

13.50  Preparing for breakout sessions – explanation and first vote on debates
       Professor Simon Conroy, University Hospitals of Leicester and Dr Tom Downes, Sheffield Teaching Hospitals

Audience cast an initial vote on the four statements:

1.  Debate: Geriatric emergency departments are a panacea for ageing
    Facilitators: Professor Simon Conroy, University Hospitals of Leicester and Dr Jay Banerjee, University Hospitals of Leicester

2.  Debate: Integrated acute medical units are a better way forward than acute frailty units
    Facilitators: Dr Ian Sturgess, NHS Emergency Care Intensive Support Team (ECIST) and Professor Stuart Parker, Newcastle University

3.  Debate: Can geriatricians be useful in front door frailty care?
    Facilitators: Professor Sasha Shepperd, University of Oxford and Dr Graham Ellis, University of Glasgow

4.  Activity: Working up a Quality Improvement (QI) project on urgent care for frail older people. (Delegates to work up a summary plan of how to go about addressing urgent care for frail older people)
    Facilitators: Professor Tom Downes, Sheffield Teaching Hospitals and Dr Natalie Offord, Sheffield Teaching Hospital

14.05  Move into breakout sessions

Delegates move into four groups.

Debate groups splits into two to prepare a, for or against motion for the debate. A presenter for each group is selected, who will feedback to the whole audience after the afternoon break.

Activity group works up a summary QI plan and elects a presenter to feedback to the audience.
Session 5: Feedback from breakout sessions
Chair: Professor Tom Downes, Sheffield Teaching Hospitals

(Debate feedback – each side of each group has 5 minutes to feedback, followed by 5 minutes of questions from the audience, followed by a second vote)

15.25   Debate 1: Geriatric emergency departments are a panacea for ageing
15.45   Debate 2: Integrated acute medical units are a better way forward than acute frailty units
16.05   Debate 3: GPs rather than geriatricians should lead the hospital at home service
16.25   Activity: A QI project on urgent care for frail older people
16.45   Closing remarks by the Chair
16.50   Close of conference