

Update in medicine

5 July 2023 | Oxford

CPD code: TBC

Programme

08.15 Registration and refreshments

09.00 Welcome and introduction

Session 1

09.05 What the general physician needs to know

Dr Shvaita Ralhan, consultant physician in geratology and perioperative medicine,
Oxford University Hospitals NHS Foundation Trust

09.40 Managing type 2 diabetes as a reversible condition

Dr David Cavan, consultant endocrinologist,
University Hospitals Dorset NHS Foundation Trust

10.15 Novel strategies in nephrology and future expectations

Dr Jyoti Baharani, consultant nephrologist,
University Hospitals Birmingham NHS Foundation Trust

10.50 Comfort break

11.15 Session 2

11.20 100 years of the mis-use of nitrous oxide — an increasing public health issue

Dr David Nicholl, consultant neurologist,
University Hospitals Birmingham NHS Foundation Trust; Sandwell and West
Birmingham NHS Trust

12.00 Chemsex

Dr Aseel Hegazi, consultant in HIV and sexual health,
Guy's and St Thomas' NHS Foundation Trust

12.40 Lunch

Update in medicine

Programme

Session 3

13.40 **Open forum with the RCP president**

Dr Sarah Clarke, RCP president
Professor Cathryn Edwards, RCP registrar
Regional representatives

14.20 **Turner-Warwick winning lecture: Oxford and Thames Valley Characteristics of open access skin cancer image datasets used to train artificial intelligence algorithms: implications for equitable digital health**

Dr David Wen, NIHR academic clinical fellow in dermatology,
Oxford University Hospitals NHS Foundation Trust

14.45 **Turner-Warwick winning lecture: West Midlands Extending the reach of expert amyloidosis care: a feasibility study exploring the staged implementation of a UK amyloidosis network**

Dr Chern Hsiang Choy, clinical fellow,
University Hospitals Birmingham NHS Foundation Trust

15.10 **Turner-Warwick plaque presentations**

15.15 **Comfort break**

15.35 **Session 4**

15.40 **Sleep: everything you need to know for your patients and yourself!**

Dr Allie Hare, consultant in sleep medicine and respiratory ventilation,
Guy's and St Thomas' NHS Foundation Trust

16.20 **The benefits of exercise and how to help your patients do it**

Dr Ruth Poole, consultant endocrinologist,
University Hospitals Dorset NHS Foundation Trust

17.00 **Closing comments**

17.05 **Conference close**

Please note that any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.

This programme may be subject to change.

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Your regional representatives in the Oxford Thames Valley region

Regional advisers

Dr Claire Pulford
Dr Asif Humayun
Dr Ravi Madhotra

New Consultants Committee

Vacancy

SAS Regional Representatives Network

Dr Chinnaya Asari Thiyagarajan

Trainees Committee

Dr Jamie Kitt
Dr Sharath Panamoottil

Student Foundation Doctor Network

Tbc

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Regional representatives