08.00  Registration and refreshments

09.00  Welcome and introduction  
Dr Hilary Williams, vice president for Wales

**Session 1**  
Chaired by Dr Ben Thomas, RCP regional adviser

09.00  Reducing the know-do gap: the importance of implementation science in creating change in healthcare  
Dr Simon Barry, consultant respiratory physician, University Hospital of Wales, Cardiff

09.30  Acute immunotherapy  
Dr Ricky Frazer, consultant medical oncologist, Velindre Cancer Centre, Cardiff

10.00  Hypomagnesaemia – identification and management of this electrolyte disorder  
Dr Yee Ping Teoh, consultant in chemical pathology and metabolic medicine, Wrexham Maelor Hospital, Wrexham

10.30  Comfort break

11.00  Session 2  
Chaired by Dr Sam Rice, RCP regional adviser

11.00  Do we need to, can we and should we resurrect the medical HDU?  
Dr Paul Temblett, consultant intensivist, Morriston Hospital, Swansea

11.30  ‘The form is not enough!’ A practical approach to treatment escalation planning  
Dr Ben Thomas, consultant nephrologist, Wrexham Maelor Hospital, Wrexham

12.00  Bradshaw Lecture – an update in acute and chronic medical problems in pregnancy for the general physician  
Professor Catherine Nelson-Piercy, consultant obstetric physician and Dr Melanie Nana, obstetric medicine fellow, Guy’s and St Thomas’ Hospital

12.40  Lunch
## Update in medicine

### Session 3
Chaired by Dr Andrew Lansdown, RCP regional adviser

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| 13.45 | Turner-Warwick winning lecture: Wales  
A pathway to improving syncope care  
Dr Bethan Davies, ST4, Royal Glamorgan Hospital, Llantrisant |  

| 15.10 | Turner-Warwick plaque presentations |  

| 14.15 | Open forum  
Chair – Dr Hilary Williams, vice president for Wales  
Dr Sarah Clarke, RCP president  
Professor Cathryn Edwards, RCP registrar  
Dr Vivek Goel, RCP regional adviser  
Dr Shaun Smale, head of specialty school for medicine, Wales  
Dr Anser Anwar, RCP SAS network representative, Wales |  

| 14.55 | Comfort break |  

| 15.25 | Session 4  
Chaired by Dr Olwen Williams, immediate past vice president for Wales |  

| 15.25 | Cardiologists tamper with diabetes  
Professor Zaheer Yousef, consultant cardiologist, University Hospital of Wales, Cardiff |  

| 15.55 | Acute Stroke – progress of thrombectomy services in Wales  
Dr Senthil Kumar, consultant physician, Prince Philip Hospital, Llanelli |  

| 16.25 | Functional neurological disorder – making a positive diagnosis  
Professor Gareth Llewelyn, consultant neurologist, Royal Gwent Hospital, Newport |  

| 16.55 | Closing comments  
Dr Hilary Williams, vice president for Wales |  

| 17.00 | Conference close |  

Please note that any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.

This programme may be subject to change.
Your RCP Cymru Wales representatives

RCP vice president for Wales
Dr Hilary Williams, Velindre Cancer Centre, Cardiff

Regional advisers
Dr Vivek Goel, The Grange University Hospital, Llanfrechfa
Dr Sam Rice, Prince Philip Hospital, Llanelli
Dr Ben Thomas, Wrexham Maelor Hospital, Wrexham
Dr Andrew Lansdown, University Hospital Wales

New Consultants Committee
Dr Justyna Witczak, University Hospital of Wales, Cardiff
Vacancy – North Wales

SAS Regional Representatives Network
Dr Anser Anwar, Aneurin Bevan University Health Board

Trainees Committee
Dr Alexandra Burgess, Morriston Hospital, Swansea
Vacancy

Student Foundation Doctor Network
Jack Jones, Swansea University
Nile Saunders, Swansea University

Physician Associate Wales representative
Ms Alexandra Wooley, Powys Teaching Health Board

RCP lead college tutor for Wales
Dr Khalid Ali, The Grange University Hospital, Llanfrechfa

If you are interested in any of the vacancies above, please feel free to have a chat with the RCP Cymru Wales team.

Enquiries:
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Meet the speakers

Dr Simon Barry
Dr Simon Barry has been a respiratory consultant in Cardiff for 15 years, and the national lead for respiratory medicine since 2015. His clinical interests include tuberculosis and non-invasive ventilation, but more recently he has become interested in digital solutions to healthcare and how to implement change at a national level.

Dr Ricky Frazer
Ricky Frazer is a medical oncology consultant working at Velindre Cancer Centre (VCC) in Cardiff. He specialises in renal cancer, skin cancer and acute oncology and is clinical lead for the acute oncology assessment unit at VCC and the immunotherapy toxicity management service. He is one of the founding members of the UK Renal Oncology Collaborative (UK ROC). He has recently completed and was awarded a distinction in the postgraduate certificate in acute medicine at the University of South Wales. He was a Welsh clinical leadership training fellow with the Wales deanery and is a founding associate fellow of the faculty of medical leadership and management. He has a strong educational interest and is currently a Royal College of Physicians (RCP) college tutor and faculty lead. He is also an honorary lecturer at Cardiff University. He has completed a Master’s in medical education and was awarded the national munro medal by the RCP for excellence and leadership in education. He is vice president of the national immuno-oncology clinical network (IOCN) and co-leads the monthly national immuno-oncology education forum. He has been heavily involved in the inception and development of the national practical management of your immuno-oncology patient (PMI-OP) educational series exploring immunotherapy identification and management with specialist colleagues. He is co-founder of a podcast called ‘the immunobuddies’ launched in 2023 which covers the use and management of immunotherapy in treating cancer. The podcast is freely available on a number of online platforms including Spotify!
Meet the speakers

Dr Yee Ping Teoh

Dr Yee Ping Teoh is a consultant chemical pathologist (biochemist) based in Wrexham Maelor Hospital and is one of the clinical leads for BCUHB parenteral nutrition services.

Dr Paul Temblett

Dr Paul Temblett trained in general internal medicine, respiratory and intensive care medicine, before becoming a full-time intensivist in Swansea in 2006. He was the clinical director for the emergency department, major critical care unit from 2014 until 2018. Paul helped develop the first intensive care unit follow-up clinic in Wales and is now the lead for the Swansea service. His interests include outcomes and follow-up of intensive care unit patients.

Dr Ben Thomas

Following his appointment as a consultant nephrologist in Betsi Cadwaladr University Health Board (BCUHB) in June 2011, Dr Ben Thomas has developed an interest in law and ethics, building on an LLM in legal aspects of medical practice completed alongside registrar training. He set up the local Clinical Law and Ethics Group (CLEG) in 2015. Ben has been a member of the RCP UK Committee for Ethical Issues in Medicine since November 2021, and currently leads a sub-group developing guidance about the practical challenges of transforming the legal framework for end-of-life decision-making into clinical practice. He is the RCP regional adviser for North Wales and has been the clinical lead for the All Wales Consent to Examination and Treatment Group since its establishment in 2017. Dr Thomas regularly participates in postgraduate education programmes, delivering sessions on consent, capacity and decision-making at the end of life.
Meet the speakers

**Professor Catherine Nelson-Piercy**

Professor Catherine Nelson-Piercy is a consultant obstetric physician at Guy’s and St Thomas’ Hospitals Trust and professor of obstetric medicine at King’s College London. She is past president of the international society of obstetric medicine and was founding co-editor in chief of the journal Obstetric Medicine: the Medicine of Pregnancy. Professor Nelson-Piercy has been involved in the development of several evidence-based national guidelines, notably for ‘contraception in women with heart disease’, BTS / SIGN ‘asthma in pregnancy’ and RCOG green top guidelines on ‘reducing the risk of thromboembolism during pregnancy, birth and the puerperium’ and ‘management of nausea vomiting of pregnancy and hyperemesis gravidarum’. She has over 250 publications, has edited five books and written the successful Handbook of obstetric medicine, now in its sixth edition.

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**Dr Melanie Nana**

Dr Melanie Nana is an obstetric medicine registrar and NIHR clinical research fellow at King’s College London. She holds an endocrinology national training number in Wales, but moved to London in 2020 to undertake a clinical fellowship at St Thomas’ Hospital, during which time she was taught obstetric medicine by Professor Nelson-Piercy and completed the RCP credential in obstetric medicine. She is the current RCP Trainees Committee co-chair. Melanie has several publications related to obstetric medicine and is co-author of the European guideline for liver disease and pregnancy. She was awarded an NIHR research training fellowship in 2021. Her PhD focusses on the nutritional status of women with hyperemesis gravidarum and the metabolic consequences for their children. Once she has competed her PhD, she will return to Wales to finish her training.
Meet the speakers

Dr Bethan Davies

Having originally trained in architecture and engineering, Dr Bethan Davies spent time working on engineering projects in Africa, including working for Medicins sans Frontiere in Zimbabwe and South Sudan. This experience cemented an ambition to retrain as a doctor. She returned to her native Wales to study postgraduate medicine in Swansea. Following this, she completed her foundation and core medical training in Bristol. Having always had an interest in cardiology, she decided to move to London to work as a cardiology registrar in a clinical fellow post in West Middlesex Hospital. This experience enabled Dr Davies to get experience in clinical cardiology, as well as spend some time working on research, teaching and quality improvement projects, such as the one she is going to tell us about today. Dr Davies was keen to come back to Wales for her cardiology training and was delighted to be offered a training post here last year.

Professor Zaheer Yousef

Professor Zaheer Yousef was appointed consultant cardiologist at the University Hospital of Wales in 2005, where he leads the advanced heart failure and cardiomyopathy programme, acting as a referral centre for heart muscle diseases, pulmonary hypertension, metabolic cardiomyopathies, neuro-muscular cardiomyopathies, chemotherapy-cardiomyopathies and structural inherited cardiac conditions. Throughout his career, he has maintained an academic interest, and to date has successfully supervised seven MD/PhD fellows and served as the principal investigator in >50 multi-centre clinical trials, including acting as the UK chief investigator in >5 studies. He has generated academic funds and grants in excess of £2million and authored more than 100 high impact publications; including co-authorship of manuscripts in the New England Journal of Medicine, The Lancet and the British Medical Journal. He was awarded an honorary chair at Cardiff University in 2018. He sits on the boards of the British Society for Heart failure, Welsh Cardiovascular Society and the Pan-African Society of Cardiology.
Dr Senthil Kumar

Dr Senthil Kumar began his career in NHS in 2001 soon after completing MBBS in Tamilnadu, India. He worked briefly in England and Scotland before moving to Singleton Hospital in Swansea in 2003. Since then, he has gone on to complete training in geriatric medicine in South Wales. Dr Kumar started his consultant job in Prince Philip Hospital, Llanelli in 2014 with focus on stroke medicine. He is the clinical lead for stroke in Hywel Dda health board, which comprises four acute hospitals providing acute stroke services. Dr Kumar is also an executive member of the Welsh Association of Stroke Physicians (WASP).

Professor Gareth Llewelyn

Professor Gareth Llewelyn is a former RCP vice president for Wales (2017-2019). Gareth is a consultant neurologist based at the Royal Gwent Hospital. Brought up in north Wales, he studied medicine in Cardiff and returned to Wales after 12 years of neurology research and training in London. He leads a tertiary peripheral nerve clinic and is involved in the post COVID recovery service (Adferiad) for Aneurin Bevan University Health Board.