



Editorial board of the *Future Healthcare Journal*

Editor-in-chief

Wing Commander Ed Nicol

Ed is a Royal Air Force consultant cardiologist and an honorary consultant at both the Royal Brompton and Chelsea & Westminster Hospitals. He is an honorary senior lecturer at both Imperial College, London (Cardiology) and Keele University (Healthcare Leadership) where he gained his Doctorate and MBA respectively. He has published over 100 original papers, book chapters and a book covering cardiology, cardiovascular CT, military and aviation medicine, and healthcare leadership.

He is president of the British Society of Cardiovascular Imaging and British Society of Cardiovascular CT, past president of the RSM Military Medicine Section, Clinical Lead for the RAF Clinical Aviation Medicine Service and a member of NHS England Armed Forces Clinical Reference Group. Previously he was a member of the Health Foundation's National Leadership Fellowship programme, a member of the Chief Medical Officer's Expert Working Group and Implementation Group for the reduction of VTE in hospitalised patients and was a medical advisor to the Clinical Audit and Patient Outcome Group at the Healthcare Commission and Blood Policy team at the Department of Health.

Ed deployed as a consultant physician to Afghanistan in 2012 and has undertaken numerous operational aeromedical evacuations. He was awarded the Sir Harold Whittingham Prize in 2012 for his work with the RSM and the Chadwick Military Medicine Medal from UCL for services to military and civilian collaboration in public health.

Deputy editor

Professor Tom Downes

Tom completed his medical training at Guy's Hospital, London, in 1993 and was appointed consultant geriatrician in 2003. He is currently a consultant geriatrician and honorary senior lecturer at Sheffield Teaching Hospitals NHS Foundation Trust, where he is also clinical lead for quality improvement. After obtaining an MBA in 2003, Tom has worked on a series of major service redesign projects in Sheffield hospitals, focusing on gaps between acute and community care and patient-centred services.

Tom is a Fellow of the Institute for Healthcare Improvement (IHI) Boston, USA. He completed his MPH at Harvard in 2011.

Tom has a particular interest in the translation of improvement science into healthcare and building improvement capability within the workforce.

Board members

Debra Armstrong

Debra completed her nurse training at Manchester Royal Infirmary in 1991 and has since held a number of clinical and senior nursing leadership roles. She is currently the deputy director of nursing (quality) at Central Manchester NHS Foundation Trust. Her current role provides her with the opportunity to deliver quality improvements across the organisation built on the foundation of listening and learning from and adapting to the experience of patients and staff. She has a strong belief that good patient partnerships and staff engagement facilitate the delivery of a 'great' patient experience, underpin the quality assurance of patient services and encourage a culture where patients are able to make informed choices and staff are empowered to make changes to improve patient care.

Since gaining her MSc in Healthcare Management and Leadership in 2011, Debra has taken a keen interest in the culture of continuous improvement and the role of leadership in transforming services.

Professor Paul Jenkins

Paul graduated from Cambridge and trained in Portsmouth, London (The Middlesex), Nottingham, Cardiff and Oxford, being appointed as a general/respiratory consultant in Norwich in 1982 and making a sideways move into acute medicine in 1995.

During his career he has served as associate dean for Cambridge Clinical School, divisional director of medicine for Norfolk and Norwich University Hospital, and president of the Society for Acute Medicine, and he has been a regional advisor and a member of Council for the RCP. In 2007 he moved to Australia as Winthrop professor of medicine, with a research programme including acute medical service design, clinical scoring systems and quality of care issues, especially medicines management.

After returning from the southern hemisphere in 2010, Paul was appointed to posts as secondary care doctor with both the Norwich and the West Norfolk Clinical Commissioning Groups as well as becoming an associate editor for the Future Hospital Journal.

He has now resigned from formal clinical commissioning but is still involved in clinical transformation in Norfolk as well as working as an independent clinical advisor.

Dr Robert Klaber

Bob Klaber is a consultant general paediatrician at Imperial College Healthcare NHS Trust who also trained as an educationalist alongside his postgraduate paediatric training in London. Bob has a strong interest in learning and leadership development and set up the Paired Learning programme, which has now been adopted by a number of organisations across the UK. He is also the specialty programme director for paediatric training in North West London. Through his associate medical director role Bob is now leading an ambitious project to develop a values-based quality improvement programme across Imperial.

Bob is also a strong advocate for child health and co-leads the Connecting Care for Children (CC4C) integrated child health programme in North West London www.cc4c.imperial.nhs.uk, which is focused on developing whole population integrated care models of service and training within paediatrics and child health.

Dr Victoria Simpkin

Victoria is a cardiology registrar in the London Deanery. She completed her medical training at the University

of Edinburgh, where she also obtained a First Class Honours in her Bachelor of Science degree in Physiological Science. She has published in peer-reviewed journals and has presented her research nationally and internationally. She is currently pursuing a Master of Science in Health Policy, Planning and Financing at the London School of Economics and Political Science and the London School of Hygiene and Tropical Medicine. One of her research interests lies in the field of antimicrobial resistance. She has worked as a research associate at LSE Health analysing policy instruments to incentivize the innovation of novel antibiotics.

Dr Jo Szram

Jo graduated from the Churchill College, Cambridge and undertook her medical training in Cambridge, Nottingham and London. She also has a PhD in occupational lung disease at Imperial College London. She is currently a consultant in occupational lung disease and asthma at the Royal Brompton and Harefield NHS Foundation Trust, where was appointed as director of medical education in October 2014, and an honorary senior clinical lecturer at the National Heart and Lung Institute, Imperial College London.

Her main clinical and research interests are in the identification and diagnosis of occupational lung diseases, and the respiratory health screening of individuals placed in safety-critical roles. She is heavily involved in the education and training of healthcare professionals, particularly those with work-related lung diseases, regularly welcoming clinical observers to the clinic. With colleagues from clinical risk and patient experience she has conceived and steered multi professional training programmes in QI and innovation at the Trust, being highly focused on learning that directly benefits patients.

Dr Emma Vaux

Emma completed her medical degree at the University of London in 1990. She was awarded a doctorate from the University of Oxford in 2001 and completed a postgraduate certificate in teaching and learning in higher and professional education at the University of London in 2007 and a postgraduate diploma with the Ashridge Business School and The Health Foundation on Leadership in Quality Improvement in 2015.

She is currently a consultant in nephrology at the Royal Berkshire NHS Foundation Trust. She is the clinical lead for the Oxford AHSN Patient Safety Collaborative renal work stream. Emma is clinical lead for the Royal College of Physicians' Learning To Make A Difference programme, which enables the development of quality improvement skills in junior doctors. She is also clinical associate at the Academy of Medical Royal Colleges, leading Quality Improvement: Training for Better Outcomes.

Sheena Visram

Sheena qualified as a dietitian in 2003 at King's College London. She has dedicated the past decade to understand and improve acute malnutrition within disease pathways, working clinically at a number of acute hospital Trusts. While working as a clinical lead dietitian at University College London Hospital Foundation Trust, she managed improvement projects to successfully embed enhanced recovery pathways and improve outpatient efficiencies. In 2013 she was awarded an NIHR Fellowship in Translational Research and went on to complete a Masters in Clinical Research at King's College London. She has sat on the Committee for the British Association for Enteral and Parenteral Nutrition (BAPEN) London regional group since 2005.

Sheena currently works as a quality improvement lead at Imperial College Healthcare Trust, supporting teams with a portfolio of improvement projects, celebrating iterative improvement steps, and capturing the narrative of that learning journey. Sheena holds a special interest in patient co-designed healthcare solutions, healthcare innovation and technology.