There’s more to being a consultant than (the) medicine

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Consultants’ Survival Guide
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Take the time to become expert

Adapted from CanMEDS Physician Competency Framework and BMA Central Consultants and Specialists Committee ‘Role of the Consultant’
Take the time to become expert

Consultant
(Medical expert)

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Find a balance: yes or no?

• Lots of opportunities will come your way
  – Some you have a choice about taking
  – Many you don’t!

• So far for me, what I have been offered and what I have got myself into has been good

• Everything builds my skills and I see it all developing and proofing me for the future
Where do you see yourself?

- Discussion point in my appraisal 2017
- Is what I am doing now defining the next 5-10 years of my career?
- Clinical management - Clinical director in time?
- Clinical research – could I become a Clinical professor one day?
The King’s Health Partners
Clinical Trials Office

Pioneering better health for all
“Management”

- Covers a range of projects/tasks
- Governance is a common role that new consultants end up doing
- I have avoided this (so far)

- Taking up a significant amount of my time currently....
- I have been asked to get involved
- I have got myself involved
Management

- Currently lead clinician on the project groups for two new dialysis units
- As well as redeveloping our renal ward
A consultant is more than medicine

- Becoming the medical expert is hard work and critical
- Having a diverse set of other activities will help you develop and it will also keep you sane
- Say yes a lot!