



Royal College
of Physicians

Faculty of
Physician Associates

Faculty of Physician Associates Second national CPD conference 18–19 September 2017

Handbook

Principal partner:



Supporter:



Programme Monday 18 September

- 08.00** Registration, coffee and exhibition of posters
- 09.00** **Welcome and opening remarks** Professor Jane Dacre, president, Royal College of Physicians
- 09.30** **Opening plenary** Dr Jeeves Wijesuriya, British Medical Association
- 10.00** Coffee and exhibition of posters
- 10.30** **Concurrent sessions A and B** (delegates to choose one session, either A or B)

Concurrent session A Dorchester Library

- > **Anticoagulation and novel anticoagulants**
Jade Moore, Anglia Ruskin University
- > **Men's health**
Peter Gorman, George Eliot Hospital

Chair: Teresa Dowsing, Faculty of Physician Associates (FPA)

Concurrent session B Wolfson Theatre

- > **Hot topics in cardiology for physician associates**
Jamie Saunders, Anglia Ruskin University
- > **Paediatrics in general practice**
Dr Lucy Andrews, Putney mead Group Medical Practice

Chair: Frances Leach, FPA

- 12.00** **Lunchtime plenary session: annual general meeting** Jeannie Watkins, president, FPA
- 13.15** Lunch and exhibition of posters
- 13.40** **Sponsored satellite session provided by PATH: Transforming healthcare through leadership**
Dr Mayur Vibhuti, Canterbury Christ Church University
- 14.15** **Concurrent sessions C and D** (delegates to choose one session, either C or D)

Concurrent session C Dorchester Library

- > **Quality improvement workshop**
Emma Fernandez, Royal College of Physicians
- > **How are you going to ensure patients and carers are involved in the work that you do?**
Alice Joy, Patient and Carer Network

Chair: Michelle Chapman, FPA

Concurrent session D Wolfson Theatre

- > **Interesting cases on acute take and acute medicine audit**
Ravi Potdar and Dr Amit Badshah, Western General Hospital
- > **Dealing with difficult conversations**
Tom Baker and Rebecca Selman, Royal College of Physicians

Chair: Sam Hughes, FPA

- 15.45** Coffee and exhibition of posters
- 16.15** **Physician associate regulation update** Jeannie Watkins, president, FPA
- 16.45** Awards ceremony
- 17.15** **Closing remarks** Jeannie Watkins, president, FPA
- 17.30** Drinks reception, including student poster judging and prize giving

Tuesday 19 September 2017

08.00 Registration, coffee and poster exhibition

08.00 Breakfast club sessions (pre-booking is required for these sessions)

Breakfast club session 1 Dorchester Library

> **Focused Assessment with Sonography for Trauma (FAST) scanning**

Dr Nick Smallwood, Surrey and Sussex Healthcare NHS Trust

Breakfast club session 2 Council Chamber

> **Experiences of a physician associate educator**

Jade Moore, Anglia Ruskin University and Karen Roberts, St George's University Hospitals NHS Foundation Trust

09.00 Concurrent sessions E and F (delegates to choose one session, either E or F)

Concurrent session E Dorchester Library

> **Liver disease**

Dr Matthew Cowan, Surrey and Sussex Healthcare NHS Trust

> **Use of ultrasound for the unwell adult patient**

Dr Nick Smallwood, Surrey and Sussex Healthcare NHS Trust

Chair: Teresa Dowsing, FPA

Concurrent session F Wolfson Theatre

> **Hot cases in acute medicine**

Dr Shuaib Quraishi, Royal College of Physicians

> **Physician associates in rural general practice**

Alex Strivens-Joyce and Dr Currin, Montgomery Medical Practice

Chair: Frances Leach, FPA

10.30 Coffee and poster exhibition

11.00 Concurrent sessions G and H (delegates to choose one session, either G or H)

Concurrent session G Dorchester Library

> **Palliative care – more than end-of-life care**

Dr Andrew Davies, Association for Palliative Medicine

> **Challenging communication**

Dr Amy Proffitt, Association for Palliative Medicine

Chair: Michelle Chapman, FPA

Concurrent session H Wolfson Theatre

> **Dermatology**

Dr Manjusha Das, Surrey and Sussex Healthcare NHS Trust

> **Why it is important to know about fetal alcohol spectrum disorders (FASD)**

Dr Raja Mukherjee, Surrey and Borders Partnership NHS Foundation Trust

Chair: Sam Hughes, FPA

12.30 Lunch and exhibition of posters

Tuesday 19 September 2017

13.30 Concurrent sessions I and J (delegates to choose one session, either I or J)

Concurrent session I Dorchester Library

> **Palpitations in general practice**

Dr Jessica Fletcher, Putneymead Group Medical Practice

> **Clinical reasoning**

Dr Iain Wilkinson, Surrey and Sussex Healthcare NHS Trust

Chair: Teresa Dowsing, FPA

Concurrent session J Wolfson Theatre

> **Conducting an asthma review**

Raj Gill, Swiss Cottage Surgery

> **Adult neurodevelopmental services, what we have now and where we are heading**

Dr Raja Mukherjee, Surrey and Borders Partnership NHS Foundation Trust

Chair: Michelle Chapman, FPA

15.00 Coffee and poster exhibition

15.30 **Research into physician associates working in primary and secondary care**

Professor Vari Drennan, Kingston and St George's Faculty of Health, Social Care and Education

16.15 Poster presentation award ceremony

16.30 **Closing remarks**

Jeannie Watkins, president, FPA

17.00 Close of the conference

Biographies of speakers

Professor Jane Dacre MD, president of the Royal College of Physicians

Jane Dacre was elected president of the Royal College of Physicians (RCP) in April 2014. She is an honorary consultant physician and rheumatologist at the Whittington Hospital in North London, professor of medical education and was director of UCL Medical School in London before taking a secondment to become PRCP. She was also the medical director of MRCPUK until December 2013 and prior to that academic vice president of the RCP.

She was a GMC council member, and chaired the GMC Education and Training Committee (2008–2012) and leads a research programme in medical education focusing on assessment. She was the clinical lead for the development of the first Clinical Skills Centre in the UK, and was a co-author of the GALS screen. Professor Dacre has been instrumental in the development, implementation and evaluation of assessment systems in medicine.

Professor Dacre won the Medicine and Healthcare Category for the 2012 Women in the City Woman of Achievement Award and was named on the *Health Service Journal's* inaugural list of 50 inspirational women in healthcare in 2013.

Professor Dacre is married with three children. ■

Teresa Dowsing

Teresa graduated from the University of Birmingham physician associate (PA) programme in 2010. Since then she has worked in geriatric medicine and she currently works as part of a front-door geriatrics team within the acute medical unit at George Eliot Hospital. She is immediate past president of the Faculty of Physician Associates (FPA) and co-chair of the post-registration education sub-committee at the FPA. ■

Jeannie Watkins

Jeannie was one of the first UK-trained PAs from the pilot projects, qualifying in 2007. She has worked as a PA in acute medicine and primary care, and she currently works as a senior lecturer and clinical placement lead on the MSc in PA studies at St George's, University of London.

Jeannie has been instrumental in the development of the PA role in the UK, through giving local and national presentations to promote the profession; holding advisory positions on multiple governmental, professional and educational boards; and establishing the Physician Associate Managed Voluntary Register (PAMVR). She is currently president of the FPA, lead for regulation of the profession and chair of the professional standards sub-committee. ■

Frances Leach

Frances graduated as a PA from St George's, University of London in 2014. During her final year at St George's, she took on the role of student representative. She joined the post-registration sub-committee in September 2016.

After studying undergraduate biomedical sciences at Brunel University, Frances worked in the surgical theatres in Basingstoke Hospital for 9 months. She then worked in oncology research at Guy's and St Thomas' Hospital prior to joining the PA studies course in 2012. Frances is currently working in general practice in London. ■

Michelle Chapman

Michelle is a PA in acute medicine at Surrey and Sussex Healthcare Trust (SaSH). Following graduation, she initially spent 2 years at SaSH working within the care of older people department.

Michelle is currently seconded to Health Education England's (HEE's) Kent, Surrey and Sussex School of PAs as the lead PA, supporting the local PA university programmes and offering training to both PA students and supervisors.

As a member of the FPA board, Michelle is joint chair of the post-registration education sub-committee. ■

Jade Moore

Jade graduated from the University of Hertfordshire in 2010. She then completed an internship in general practice, where she gained specialist qualifications in areas such as anticoagulation, diabetes and minor surgery. Jade's undergraduate degree in radiotherapy and oncology enabled her to quickly establish herself in the area of palliative care and she was recognised for her contribution to this field in 2013 by being appointed as the palliative care lead within the practice.

Jade became an integral part of the primary care team, eventually accepting a clinical lead role within the practice in 2014. During this time, Jade also accepted a position as an academic at Anglia Ruskin University, where she is now a full-time senior lecturer on the PA programme. ■

Peter Gorman

Peter graduated from the University of Birmingham PA programme in 2011. Prior to this, he had 12 years' experience in the NHS as a podiatrist in biomechanics, neurorehabilitation, diabetes and podiatric surgery. Peter currently works at the George Eliot Hospital as a PA for acute medicine with additional roles in the endocrine clinic and as audit coordinator for medicine. ■

Jamie Saunders

Jamie has recently graduated from the MSc PA course at Anglia Ruskin University. During his time as a student PA, he was the national student representative (south) for the FPA student board, as well as the institutional student representative for Anglia Ruskin University.

Prior to training to become a PA, Jamie qualified as a diagnostic radiographer in 2012 from City University London and he practised clinically as a specialist radiographer in interventional cardiology at the Essex Cardiothoracic Centre. Working as part of the cardiac catheter lab team, he treated patients with coronary artery disease, ST-elevation myocardial infarction (STEMI) and out-of-hospital cardiac arrest, as well as complex electrophysiological arrhythmias and device insertions. Jamie has research interests in resuscitation and medical education. ■

Ravi Potdar

Ravi has been practising as a PA for the past 6 years. Prior to that, he worked in the emergency department as a registered general nurse for 5 years. During this time, Ravi worked alongside American-trained PAs who inspired him to become a PA himself.

Ravi is currently working as a senior PA in the medical assessment unit and ambulatory care. He has a special interest in respiratory medicine and endocrinology. Ravi has been involved in various audits at local and national levels and he is an associate lecturer at the University of the West England, Bristol, PA programme. ■

Tom Baker

Tom is the head of education programmes at the RCP, where he leads a team of educationalists to design and deliver non-clinical courses that the RCP offers. His areas of expertise include teaching and learning in postgraduate medical education, leadership development, supervising learners, quality improvement and mentoring.

Tom moved from mainstream education into medical education in September 2014, to pursue further opportunities in adult education. He spent a number of enjoyable years working in secondary education, where he was coordinator of teaching and learning. This role sparked Tom's enthusiasm and guided his further study in adult education, leadership and quality improvement.

Tom enjoys working with the RCP and traveling to different parts of the country to deliver regional training as well as delivering training internationally. ■

Rebecca Selman

Rebecca is an educationalist at the RCP. Prior to joining the RCP, she taught English for a number of years in inner-London secondary schools. She previously undertook postgraduate research and taught at the University of Exeter. ■

Dr Nick Smallwood

Nick is a consultant in acute medicine at Surrey and Sussex Healthcare NHS Trust. He has a particular interest in point-of-care ultrasound (POCUS) and its utility in managing the acutely unwell patient. He has completed a fellowship in acute imaging and is a member of the working group that created Focused Acute Medicine Ultrasound (FAMUS), a training pathway in bedside ultrasound that is designed specifically for clinicians who are working at the front door. ■

Alex Strivens-Joyce

Following a brief career in the Navy and its reserves, Alex studied undergraduate medicine at Durham University, before switching to the PA programme at Birmingham. Graduating in January 2016, he undertook his first clinical post working in primary care in Powys, where he developed interests in minor surgery and mental health. Alex won the Steve Hugh Award for primary care innovation in 2016.

In the spring of this year, Alex took up a post as a primary care PA ambassador for Health Education England West Midlands (HEE-WM), working with GPs and medical schools / universities across Staffordshire and Shropshire to advance the PA model by facilitating student placements and internships for newly qualified PAs.

Alex has just become a tutor for the north Staffordshire PA internship programme, which will see its first intake in October of this year. ■

Dr Andrew Davies

Andrew is a consultant in palliative medicine, and the chief of service for access and medicine at the Royal Surrey County Hospital in Guildford. He is president of the Association for Palliative Medicine of Great Britain and Ireland, and chair of the palliative care study group of the Multinational Association of Supportive Care in Cancer. ■

Dr Simon Currin

Simon qualified at Barts and The London School of Medicine in 1984 and he took a long time over his GP training, including postgraduate stints in Australia, New Zealand and the UK. During this time he became very involved in expedition medicine and he led the successful British Mount Everest Medical Expedition in 1994.

Simon became a GP partner at Montgomery Medical Practice in 1996, where he has been ever since. He became managing partner in 2000 and he has been very privileged to work with a team who are prepared to innovate and develop services. Montgomery Medical Practice employed the first nurse practitioner in Wales in the 1990s and it has continued to invest heavily in developing a fully integrated multidisciplinary team to deliver both general medical services (GMS) and a large range of enhanced services.

For the past 10 years, all urgent appointments have been administered through a comprehensive nurse triage service. In February 2016 Simon's practice was the first in Wales to employ a PA and in June 2017 another full-time PA was added to the team. ■

Dr Amy Proffitt

Having graduated from Oxford University in 2004, Amy has worked across the country experiencing a broad range of the medical specialties.

During her registrar training, Amy was based in the East Midlands. She spent 4 years as a haematology registrar before finding her passion for palliative medicine.

She is now a consultant in palliative medicine at Barts Health NHS Trust, working at the Royal London Hospital and St Bartholomew's Hospital. Amy is the honorary secretary to the Association for Palliative Medicine of Great Britain and Ireland and she sits on their executive board and professional standards committee. She is the royal college representative on the Ambitions for Palliative and End of Life Care Framework.

She has a passion for ethics, communications skills and education, and is currently completing a master's degree in medical education and she is a trained mentor for the RCP. ■

Dr Manjusha Das

After her medical degree, Manjusha underwent postgraduate training in India to acquire an MD in dermatology in 1997. She then went on to become a diplomate of the National Board of Examinations in 1998. She subsequently worked as a consultant dermatologist in the private sector and as a senior lecturer in the state medical college service.

After moving to the UK, Manjusha trained as a GP. She expanded her specialist knowledge by acquiring a postgraduate diploma in clinical dermatology from Queen Mary University of London. She further developed her minor skin surgery skills at the University of Hertfordshire.

Manjusha has been working as a specialty doctor at East Surrey Hospital for secondary care dermatology services since 2008. In addition, she works for Sussex Community Dermatology Service, and at Communitas Clinics in Croydon.

Her main areas of interest include management of acne and vesiculobullous disorders. Manjusha has been passionate about teaching and training throughout her career. She gives talks and lectures to GPs, GP registrars, practice nurses and to Brighton and Sussex Medical School students. She is a regular and active participant in dermatology workshops, seminars and clinical case discussions. ■

Dr Jessica Fletcher

Jess graduated from the University of Leicester Medical School with honours in 2003. She went on to a medical rotation at Northwick Park Hospital in London, where she completed the MRCP in 2006. After a short stint working in Queensland in Australia as a medical registrar, she returned to the UK to a cardiology post at Harefield Hospital, before commencing General Practice Vocational Training Scheme (GPVTS) training in Oxfordshire.

She works as a part-time salaried GP in Putney in south-west London. ■

Dr Iain Wilkinson

Iain is a consultant geriatrician with a special interest in orthogeriatrics and movement disorders at Surrey and Sussex Healthcare NHS Trust. He is a fellow of the Higher Education Academy and he has a longstanding interest in medical education and educational research into the threshold concepts that are contained within higher specialist training in geriatric medicine.

Clinically, Iain is the clinical lead for the Kent, Surrey and Sussex Academic Health Science Network's hip fracture programme and he has led a number of local and regional quality improvement projects. He has recently become a training programme director for higher specialist training in geriatric medicine. ■

Raj Gill

Raj is a general practice PA based at Swiss Cottage and working across Camden Clinical Commissioning Group (CCG). Alongside chronic health conditions, Raj has a particular interest in respiratory medicine and he is the lead for asthma and chronic obstructive pulmonary disease (COPD) specialising in misdiagnosed asthma. Raj is an Association for Respiratory Technology and Physiology (ARTP) certified spirometry practitioner and he is passionate about training in this subject, delivering training across London on performing and interpreting spirometry. ■

Professor Vari Drennan

Vari is professor of healthcare and policy research in the Faculty of Health, Social Care and Education, a joint faculty of Kingston University and St George's, University of London. Vari has undertaken a wide range of workforce research, including National Institute for Health Research (NIHR)-funded studies into the contribution of PAs in the English NHS.

Vari is a member of the NIHR Patient Benefit Panel; the NIHR Faculty; and the Centre for Implementation Science in the Collaboration for Leadership in Applied Health Research and Care (CLAHRC) in south London. ■

The RCP thanks the following companies for their support for the event. Please visit them at the exhibition.

Principal partner



Physician Associates Transforming Healthcare (PATH) was established with the aim of supporting the implementation of PAs within healthcare organisations including advising on the benefits they bring to the NHS and helping with recruitment. At PATH we are passionate about seeing the profession succeed and become an integral part of the UK medical workforce.

We have unique understanding and experience of both the PA profession and the NHS and understand what makes a successful PA Healthcare Partnership. We firmly believe that a dedicated, professional recruitment service for PAs and employers, providing consistent and accurate information regarding the profession, is vital to the success of the profession.

Finding the right job can be tricky at the best of times. Add to that a new profession, and finding the perfect position can become daunting.

Knowledge and experience

We have a wealth of knowledge and experience in managing and designing healthcare services combined with in-depth healthcare recruitment expertise. This knowledge is being used to find and develop opportunities for PAs across sectors and across the nation, including the development of alternative service models and restructuring existing clinical team structures.

Help you to develop

We understand the challenges of finding the right fit for your skills and lifestyle. We are confident that we can find you the right role, with the right employer. And our job doesn't end once you have secured your new role. When you are ready we will support you to develop in your chosen field by keeping you up-to-date with the latest jobs and offer advice on any position you apply for. We can support you with CV and interview tips, salary advice/negotiation, supervision, internships and your continuing professional development (CPD).

In addition, PATH also offers:

Physician associates consultancy

PATH works with employers to gain an in-depth understanding of their challenges and help to create solutions that fit their culture and structure, increasing the team's skill set along the way.

Our consultancy services are flexible to ensure we can meet specific resourcing needs in different areas.

Physician associate training

PATH is developing dedicated training to enable PAs to maintain, update and enhance their CPD, prepare for recertification and prepare for Objective Structured Clinical Examinations (OSCEs). By registering with PATH you will have access to 'early-bird' discounts and special offers. We are also working with employers to ensure that PA specialist training is provided to their PAs.

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Programme organisers: Michelle Chapman, chair, post-registration education sub-committee; Teresa Dowsing, Faculty of Physician Associates immediate past president; Sam Hughes, committee member, post-registration education sub-committee; and Frances Leach, committee member, post-registration education sub-committee



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Upcoming conferences

2017

28 September	Update in endocrinology
5 October	Cardiology update 2017
23 October	Acute and general medicine conference
13 November	The neurology of systemic disease
24 November	Kidney for the general physician
11 December	Gastroenterology and hepatology in pregnancy

2018

5 February	Advanced medicine
8 March	Medicine – transformation through the 100,000 Genomes Project
20 March	From Holmes to House – 500 years of the diagnostic neurologist
16 April	Acute medicine
20 April	Trainees Committee meeting
2 May	Acute kidney injury
25 June	Innovation in medicine 2018: RCP annual conference
13 September	Cardiology update – 2018
20 September	Rheumatology update
27 September	Faculty of Physician Associates third national CPD conference
9 October	Care Quality Improvement Department (CQID) conference
22 October	Acute and general medicine
30 November	Palliative medicine
5 December	Adolescents and young adults: Improving health and wellbeing in 2018
12 December	Gastroenterology update: It's all a matter of nutrition

More information can be found at
www.rcplondon.ac.uk/events



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