RCP Dermatology quiz

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Marriott Hotel, Cardiff
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Pubic Lice

1. Pubic lice

True or false?

...are always sexually transmitted

If men scratch their genitals they probably have pubic lice

If women scratch their genitals, they may have pubic lice

...are now accepted to be “acrobatic” following a recent video on NEJM web site
Acanthosis Nigricans and Insulin Resistance
2. Acanthosis nigricans

True or false?

...may occur as a manifestation of internal malignancy

...is most commonly obesity-associated

...occasionally may be part of a syndrome

...insulin resistance is characterised by low titres of anti-insulin receptor antibodies
Acute Rheumatic Fever with Erythema Marginatum
3. Erythema marginatum

True or false?

...commonly crops up in the MRCP exam

...is one of the Duckett Jones major criteria for diagnosis of rheumatic fever

...is one of many conditions much loved by dermatologists that start with “erythema”

...has never been seen by your quiz master
Rates of Clinical Response.
4. Hidradenitis suppurativa (HS)

...is a diagnostic label much loved by patients
Professor Les Hughes was an advocate for the medical treatment of HS
Cardiff continues to be a centre of excellence for research into HS
...can now be treated with adalimumab according to recent NICE guidance
Melanoma of the Foot
Kaplan–Meier Estimates of Survival.

A Progression-free Survival

B Overall Survival

5. The latest research on melanoma shows....

True or false?

...two biological agents are better than one for disseminated melanoma

....sentinel LN biopsy is now here to stay

....death rate for melanoma in the UK continues to decline

...image analysis systems may soon outperform highly trained clinicians in diagnosing MM
Crusted Scabies

6. Crusted scabies

True or false?

...is a common skin condition

...is best treated with the systemic scabicide ivermectin

...it is hard to find scabies mites in crusted scabies

...usually occurs in patients with mental or physical disability
Eczema Herpeticum

A

B

7. Eczema herpeticum

True or false?

...usually requires patients to be admitted to hospital

...is caused by a virulent variety of herpes simplex

...is painful

...develops quickly

...may lead to death
Grouped Pustules on an Erythematous Base
8. Herpes simplex

True or false?

...when away from lips and genitalia is caused by HS3 infection

...is typically preceded by 24 hours of paraesthesia

...may be recurrent at the same body site

...when away from lips and genitalia is usually treatment-resistant

...when away from the lips and genitalia often causes diagnostic confusion
Insulin-Mediated Lipohypertrophy
9. Insulin mediated lipo-hypertrophy

True or false?

...ironically, is not caused by insulin
...is thought to be a response to anabolic effects of insulin
...may develop in diabetic patients who fail to vary their insulin injection sites
...is not usually associated with increased pigmentation
...there is not much more to say about this condition
Response to Ixekizumab During the Induction Period in the UNCOVER-1 Trial.
10. Response to Ixekizumab for psoriasis

True or false?

PASI is shorthand for Psoriasis And Sacro-Ileitis

The gap between Ixekizumab and placebo in this study is similar to the gap between Manchester City and Crystal Palace

Ixekizumab is given as a once weekly enteric-coated tablet

Safety can be determined from the clinical trials
11. Purpura fulminans

True or false?

...is triggered by coumarin use in patients with acquired protein C deficiency

...is a rare complication of NSAID hypersensitivity

...is a rare complication of sensitivity to sub-cut heparin

...is characterised by skin infarcts followed by ulceration
Clinical Features of Psoriatic Arthritis.
12. Psoriatic arthritis

True or false?

...sometimes occurs in the complete absence of psoriasis

...about 5% of patients with psoriasis attending a dermatologist have undiagnosed psoriatic arthritis

The classic description of psoriatic arthritis was first published in 1903

Shares genetic and clinical features with other forms of spondyloarthritis

Up to 30% of patients with psoriasis have psoriatic arthritis
Sweet’s Syndrome in a Patient with Rheumatoid Arthritis

13. Sweet’s syndrome

True or false?

Sweet was a jobbing dermatologist in Plymouth
...typically, patients feel well with no constitutional upset
...is often associate with haematological malignancy
...autoimmune associations include Sjögren syndrome, SLE, Ulcerative colitis
...skin biopsy reveals a dense lymphocytic infiltrate