The Aetiology & pathogenesis of Parkinson's disease

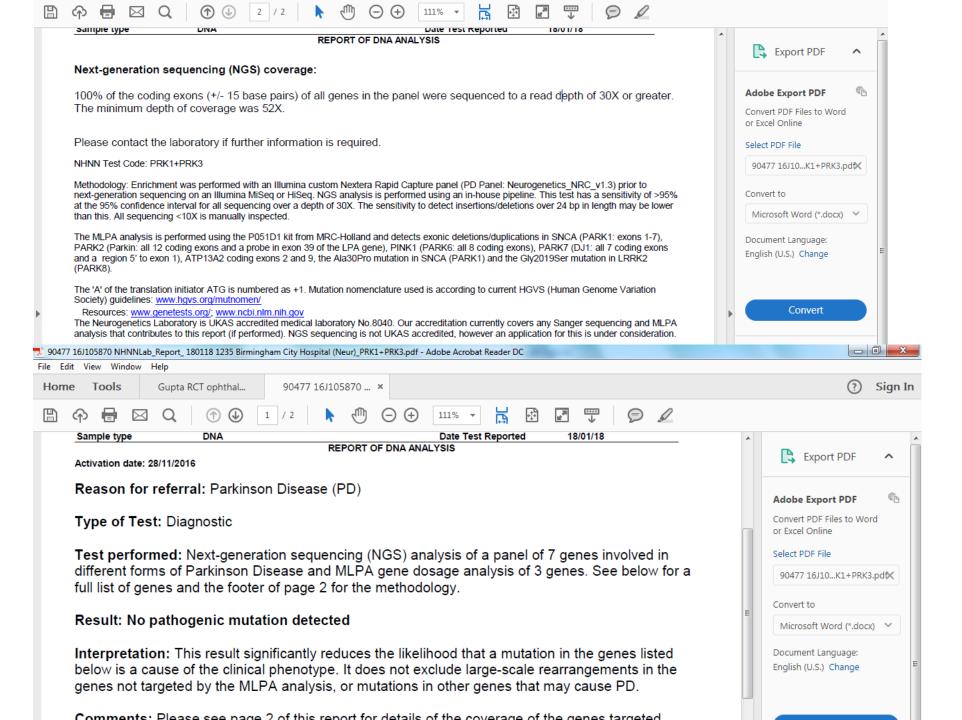
Dr David Nicholl
Dept of Neurology,
Queen Elizabeth Hospital & City
Hospitals, Birmingham





Structure of this talk

- Background
 - Genetics of Parkinson's disease
 - Focusing on recent developments
 - Clinical relevance
 - What do I tell my patients?
 - Investigations



How confident can we be with the diagnosis of Parkinson's disease?

- There is a diagnostic error rate
 - In primary care- ~50%
 - In movement disorders clinics ~10% (Hughes et al, 2001)
 - From imaging studies (Whone AL, et al. The REAL-PET study. Ann Neurol. 2003;54:93-101.); The Parkinson Study Group N Engl J Med 2004; 351:2498-2508)

Or what is my risk of PD?

How genetic is PD?

- 15% of PD patients have an affected relative (Gowers, 1893)
- twin studies (Tanner, 1998)
- large families
- Association studies ~813 studies...only 4 genes (SNCA, MAPT,LRRK2, PARK16) hold up....until GWAS (Dec 2009) http://www.pdgene.org/





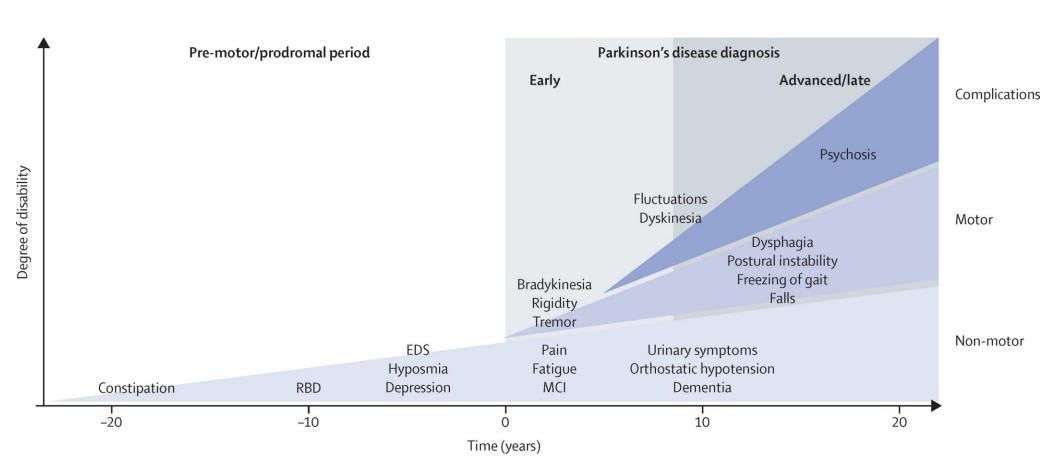
Genetic contribution to PD

Case control studies

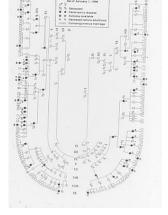
 relative risk of 2.3 for first degree relatives of index PD cases (community-based study)(Marder et al, 1996; Marder et al, 2003)



Clinical symptoms & time course of PD progression



Kalia & Lang (2015)



Synucleinopathies

Golbe et al, 1996; Galvin et al, 2001; Popescu et al, 2005

PD

- Sporadic
- Familial with alpha-syn mutations
- Familial without alpha-syn mutations
- Dementia with Lewy Bodies
 - Pure LB dementia
 - LB variant of AD
 - Familial AD with APP/ PS-1/ PS-2 mutations
 - Down syndrome

- Multiple system atrophy
- Neurodegeneration with brain iron accumulation type
 - Hallervorden-Spatz syndrome
 - Neuroaxonal dystrophy
- Other disorders
 - Traumatic brain injury
 - Pick disease
 - Argyrophilic grain disease
 - ALS



Mendelian Parkinson's Loci: one process or more?

LOCUS1	Inheritance	Onset	Protein	Path
PARK-1/4	AD	~45	Alpha-synuclein	LB
PARK-2	AR	7-60	Parkin	None
PARK-6	AR	36-60	PINK-1	one case with LB
PARK-7	AR	27-40	DJ-1	Nigral degeneration, diffuse LBs spheroids
PARK-8	AD	45-57	LRRK2	Usually LB, variable tau deposition
PARK-9 (Kufor-Rakeb sy.)	AR	Teens	ATP13A2	Absent LBs; neuronal & glial lipofuscinosis
PARK-14	AR	Teens	PLA2G6	LB, also spheroids brain iron Xs
PARK-15	AR	Teens	FBXO7	?
PARK-17	AD	50-70	VPS35	?
PARK-18				

١	PARK-14	AR	Teens	PLA2G6	LB, also spheroids brain iron Xs	?
	PARK-15	AR	Teens	FBXO7	?	
	PARK-17	AD	50-70	VPS35	?	
	PARK-18	AR	Late onset	EIF4G1	LBs	
	PARK-19	AR	Juvenile onset	DNAJC6	?	
	PARK-20	AR	Early onset	SYNJ1	?	
	PARK-21	AD	Late onset PD/PSP	DNAJC13	Brain stem or transitional LB. tauopathy	
	PARK-22 ?	AD	Late onset (Japanese)	CHCHD2	?	
	PARK-23	AR	Early onset, rapid	VPS13C	LB present	

Environmental risk factors

Increased risk (OR >1)

Pesticide exposure

Prior head injury

Rural living

Beta-blocker use

Agricultural occupation

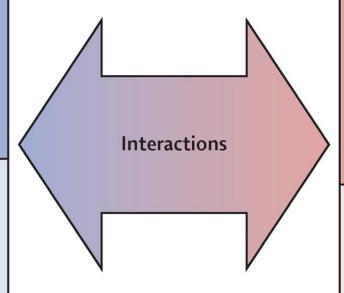
Well water drinking

Decreased risk (OR <1)

Tobacco smoking Coffee drinking NSAID use

Calcium channel blocker use

Alcohol consumption



Genetic risk factors

Increased risk (OR >1)

GBA (OR >5) VPS13C

INPP5F DDRGK1

STK39 GPNMB

LRRK2 CCDC62

SIPA1L2 MIR4697

BST1 BCKDK-STX1B

RAB7L1-NUCKS1

Decreased risk (OR <1)

SNCA GCH1

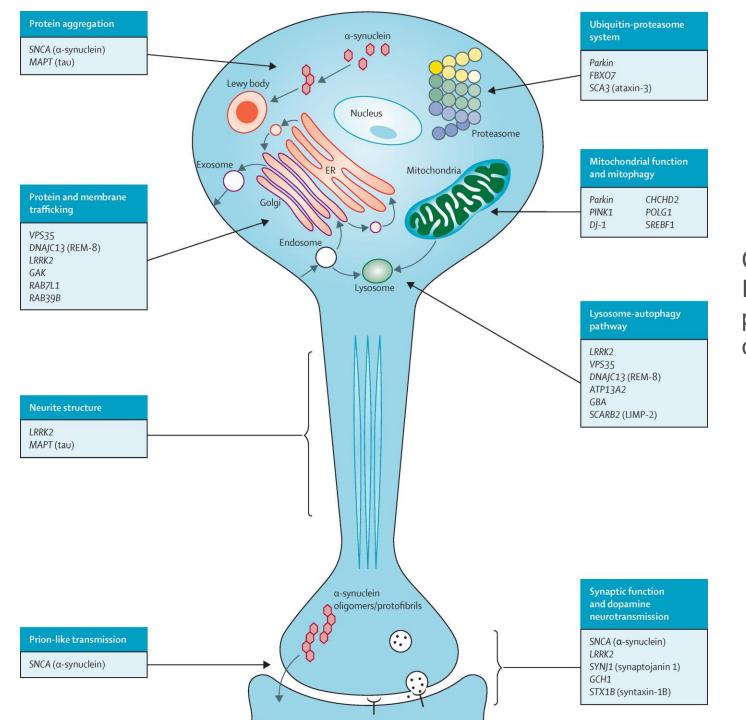
MAPT RIT2

TMEM175-GAK-DGKQ FAM47E-SCARB2

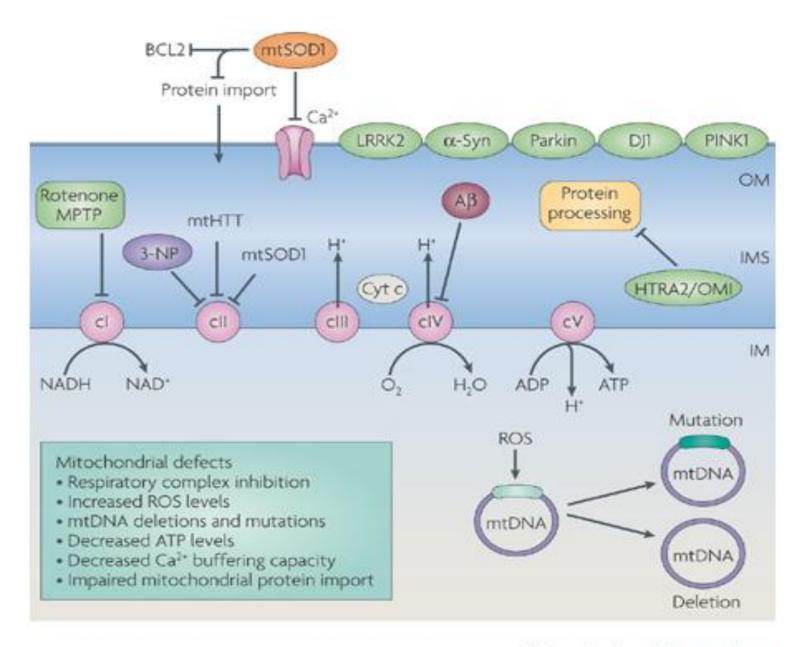
HLA-DQB1 FGF20

MCCC1 SREBF1-RAI1

ACMSD-TMEM163



Cellular processes Involved in pathogenesis of PD



Parkin disease - frequencies

1998-2004 - more than 80 mutations found

Families (onset <45y):

49 %

36 / 73



<u>Isolated cases:</u> 18 % 18 / 100

Onset 31-45

2/64

Lücking et al., N Engl J Med 2000



Kilarski et 2012

 Systematic review and UK-based study of PARK2 (parkin), PINK1, PARK7 (DJ-1) and LRRK2 in early-onset Parkinson's disease.

3.6% of patients have AAO <45y; n=136

		Freq	Ethnicity
PARK2	parkin	8.6%	All
PARK7	DJ1	0.4%	All

Parkin disease - phenotypes

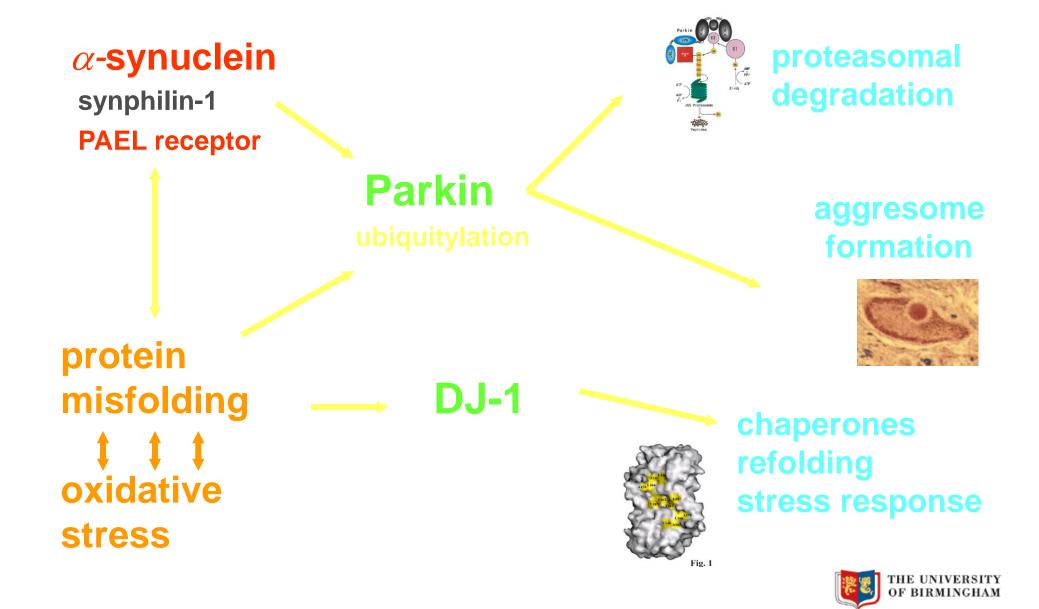
typical features:

- early-onset, mean 32 \pm 11 y.rs, range 7-68
- good levodopa-response
- recessive inheritance (familial, isolated cases)
- slow progression
- I-dopa-induced fluctuations and dyskinesias
- rare cognitive or vegetative involvement
- dystonia at onset, brisk reflexes, sleep benefit

"overlap" phenotypes:

Dopa-responsive dystonia (plus mild parkinsonian signs) Late-onset "clinically classical" Parkinson's disease

protein quality control system and PD



Genetic loci implicated in PD

Locus	Chromosoma I location	Inheritance	Protein	Putative function
PARK1	4q21	AD	a synuclein	?
PARK2	6q25.2-27	AR	Parkin	E3 ubiquitin ligase
PARK3	2p13	AD	?	
PARK4	4q21	AD	α synuclein	?
PARK5	4p14	AD	UCH-L1	Ubiquitin C-terminal ligase
PARK6	1p36	AR	PINK1	Mitochondrial protein kinase
PARK7	1p36	AR	DJ-1	Chaperone, oxidative stress response
PARK8	12p11.2-13.1	AD	LRRK2	phosphorylation
PARK9	1p36	?AR	?	
GBA	1q21	Susceptilitity factor	Glucocerebrosid ase	Glucocerebrosidase hydrolase

Cloning of the Gene Containing Mutations that Cause PARK8-Linked Parkinson's Disease

Coro Paisán-Ruíz,^{1,11} Shushant Jain,^{2,3,11} E. Whitney Evans,⁴ William P. Gilks,³ Javier Simón,¹ Marcel van der Brug,⁵ Adolfo López de Munain,^{6,7} Silvia Aparicio,¹ Angel Martínez Gil,⁸ Naheed Khan,³ Janel Johnson,⁴

Javier Ruiz Martinez,º David Nicholl,¹º Itxaso Marti Carrera,² Amets Saénz Peňa,º Rohan de Silva,³ Andrew Lees,³

José Félix Martí-Massó,⁷ Jordi Pérez-Tur,^{1,*} Nick W. Wood,^{2,*} and Andrew B. Singleton^{4,*} Leucine-rich repeat kinase 2 (LRRK2)

Dardarin Protein

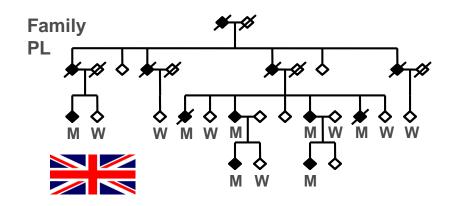
Neuron, Vol. 44, 601–607, November 18, 2004, Copyright ©2004 by Cell Press

Mutations in *LRRK2* Cause Autosomal-Dominant Parkinsonism with Pleomorphic Pathology

Alexander Zimprich, 12,11 Saskia Biskup, 3,11
Petra Leitner, 1 Peter Lichtner, 3 Matthew Farrer, 4
Sarah Lincoln, 4 Jennifer Kachergus, 4 Mary Hulihan, 4
Ryan J. Uitti, 5 Donald B. Calne, 8 A. Jon Stoessl, 8
Ronald F. Pfeiffer, 7 Nadja Patenge, 1
Iria Carballo Carbajal, 1 Peter Vieregge, 8
Friedrich Asmus, 1 Bertram Müller-Myhsok, 9
Dennis W. Dickson, 4 Thomas Meitinger, 3,10, 8
Tim M. Strom, 3,10 Zbigniew K. Wszolek, 5,8
and Thomas Gasser 1,8

PARK-8 PD Funayama et al, 2002- Sagamihara kindred





Age at exam 67y Onset 42y

Y1699C mutation in exon 35

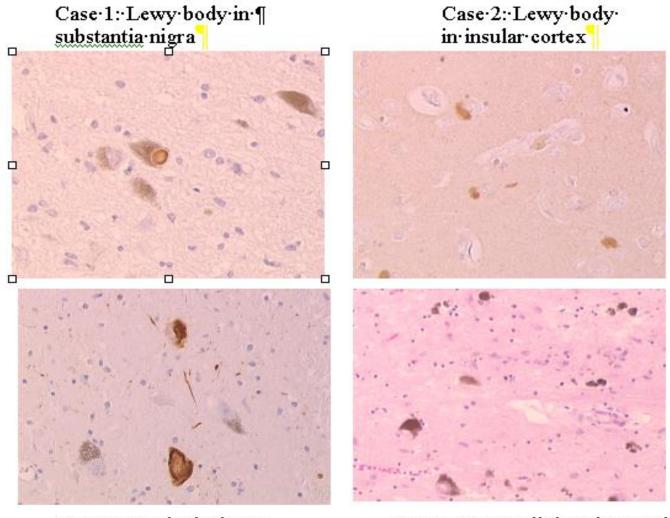
Nicholl et al, Brain 2002;125:44; Khan N et al, 2005



PARK8

- *LRRK2-*
 - 51 exons
- Gly2019Ser responsible for a significant portion of dominant disease (5-6% of familial cases & 1-2% of sporadic cases
- Mutations contribute to apparently sporadic disease
- LRRK2 protein contains LRR, WD40, kinase and RAS/RAB domain
- Function- mixed lineage kinase activity & autophosphorylation activity





Case·3:·Tau·inclusions·¶ in:substantia·nigra

Case·4: Extracellular pigment in substantia nigra

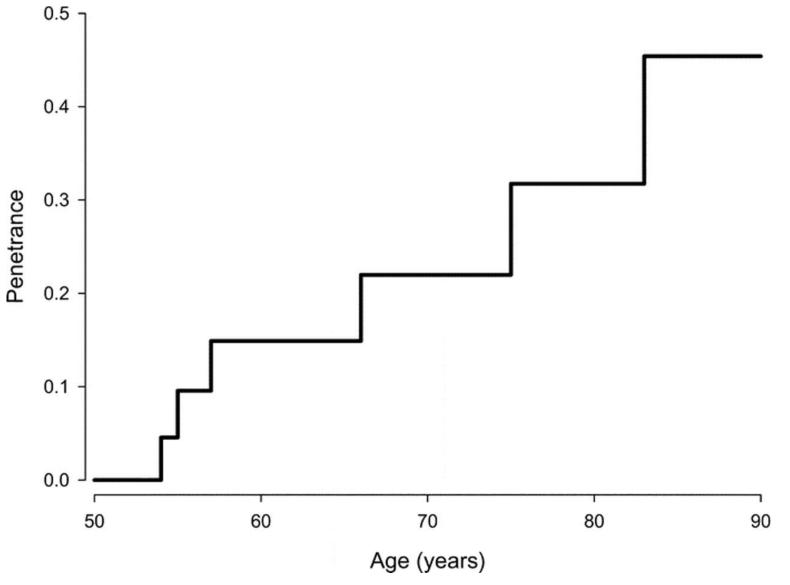
PARK8 Neuropathology

Wszolek Z et al, Neurology 2004; 62:1619;
Zimprich et al, 2004; Rajput et al, Neurology, 2006;
Ross et al, 2006
Giasson et al, 2006

LRRK2- penetrance

- Age related penetrance
 - 17% at 50 years
 - 85% at 70 years
 - (Karchergus et al, 2005)
 - Varies according to geographic origin
 - 30% Europeans
 - 10% North Africans
 - Disease progression- slower
 - JAMA Neurol. 2018 Jan 8.
 - 85 y old G2019S carrier with no signs of PD (Kay et al, 2005)

Figure. Kaplan-Meier analysis of the cumulative incidence of Parkinson disease among 36 subjects carrying the LRRK2-G2019S mutation.



Goldwurm S et al. Neurology 2007;68:1141-1143



LRRK2 G2019S is common & dependent on ethnicity

	Sporadic	Familial	Control
N African Arabs	39%	36%	<1%
Ashkenazi Jews	10%	28%	<1%
UK British	1%	2%	0%
Welsh	0.3%	1.5%	NA

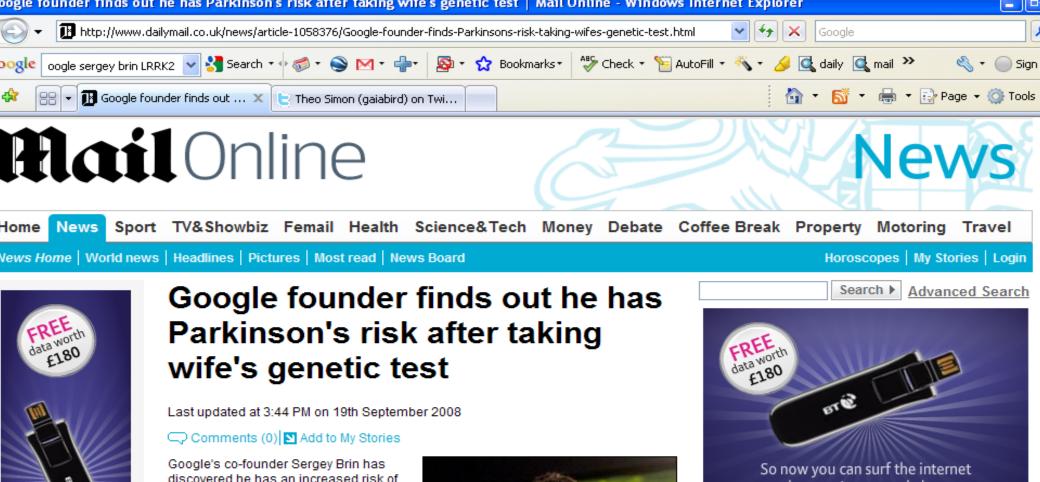
Summary

- 23 different genetic loci and 16 genes (alphasynuclein, parkin, DJ-1, PINK1 and UCHL1, ATP13A2 & LRRK2) in last 20 years
- Ubiquination, protein aggregation, autophagy & formation of Lewy bodies appears central to PD pathogenesis



LRRK2 in clinical practice?

- Role of G2019S screening
 - Genetic counselling (cf Huntington's)
 - Reduced penetrance
 - Interaction with other proteins, eg parkin
 - role for kinase inhibitors in neuroprotection of PD
 - West A. Exp Neurol. 2017 Dec;



discovered he has an increased risk of developing Parkinson's disease, after taking a genetic test by a company founded by his wife.

Writing on his personal blog, the 35-yearold revealed both he and his mother carry the G2019S mutation of the LRRK2 gene, which is linked to a rare hereditary form of the degenerative brain disorder.

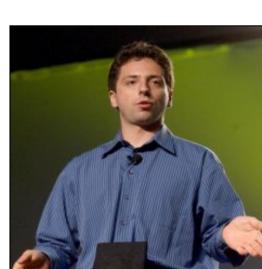
From just

£7.78 a month

for the first

3 months.

His mother, who worked with computers for NASA, thought she has repetitive strain injury after she suffered pain in her hands. She has since been diagnosed with the disease.





FEMAIL TODAY

▶ Katie Price shows Peter - and a packed beach - what he's missing as she shoots raunchy calendar Model thrust out porn star



Internet

Are neurologists being too fussy over the diagnostic issues?

PLoS Genetics: Web-Based Genome-Wide Association Study Identifies ... I Loci and a Substantial Genetic Component for Parkinson's Disease

10/10/2011 22:57

marrant 24 James

Web-Based Genome-Wide Association Study Identifies Two Novel Loci and a Substantial Genetic Component for Parkinson's Disease

Chuong B. Do^{1*}, Joyce Y. Tung¹, Elizabeth Dorfman¹, Amy K. Kiefer¹, Emily M. Drabant¹, Uta Francke¹, Joanna L. Mountain¹, Samuel M. Goldman², Caroline M. Tanner², J. William Langston², Anne Wojcicki¹, Nicholas Eriksson^{1*}

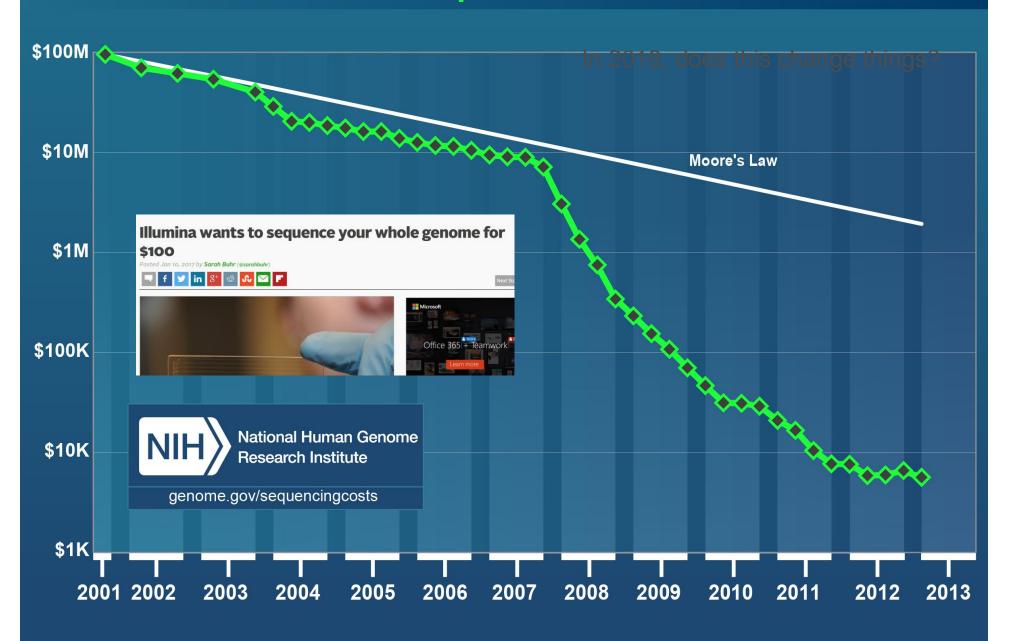
1 23andMe, Mountain View, California, United States of America, 2 Parkinson's Institute, Sunnyvale, California, United States of America

Abstract

My requests for DNA tests- 2002-2012 (Appleton el JNNP (2013)

- 137 requests in 111 patients (45 (16-81)y)
 - -21.9% DNA banking
 - -78.1% for tests (82)
 - DRD (GTP Cyclohydrolase)(14)
 - SCA (11)
 - Parkin (8)
 - LRRK2 (8)
 - Friederich's (7)
 - Wilson's (6)
 - Lebers (6)
 - 20.6% showed an abnormality

Cost per Genome



Presymptomatic testing for late-onset genetic disorders (adapted from Harper, 1997)

Huntington's disease

- Serious & ultimately fatal
- Currently not treatable
- Onset most often in middle life
- Autosomal dominant
- Relatively frequent
- Specific genetic testing feasible
- Testing introduced with careful preparation
- Accurate documentation of testing experience
- Close co-operation & co-ordination of protocols worldwide

Parkinson's disease

- Usually older age
- Most idiopathic; AD; AR
- Mendelian families rare
- Genetics complex- known genes large!

OTHER problems:

- Penetrance
- Phenocopies
- Many different genetic loci with an identical phenotype

Genetic testing for PD?

- Do we know the causative gene?
- Do we know the frequency of disease causing mutations?
- Are we able to prioritise patients based on suggestive clinical features?
- What is the sensitivity/specificity of the genetic test?
- How reliable is the lab performing the tests?
- Will genetic testing alter patient management?
- Could variations in these genes affect sporadic PD?

J Genet Couns. 2017 Sep 30.

Survey of subjects- Patients' Opinions
 on Genetic Counseling on the Increased Risk
 of Parkinson Disease among
 Gaucher Disease Carriers.

 86.7% believed that patients should be informed about the increased risk of PD prior to having GD carrier screening

Referral to neurology from genetics

- 35y old Pakistani male referred as child with learning difficulties
 - Found to have partial deletion of chr 6
 - "Is he at risk of developing Parkinson's disease?"

Referral to Gp from paediatric neurology

"Can you send a DNA for PD NGS panel on this 17y old man with tremor?"

"I'll think I'll ask a neurologist"

- Define the phenotype
- Take a Family History
- WHY TEST????

56 y old female with idiopathic torsion dystonia

- Onset aged 29y
- 24h urine copper- normal
- MRI head- normal

- NGS dystonia panel heterozygous variant in ATP7B gene
- What does this mean?

Table 2. Benefits, Misconceptions, and Limitations of the Genomewide Association Study.

Benefits

Does not require an initial hypothesis

Uses digital and additive data that can be mined and augmented without data degradation

Encourages the formation of collaborative consortia, which tend to continue their collaboration for subsequent analyses

Rules out specific genetic associations (e.g., by showing that no common alleles, other than APOE, are associated with Alzheimer's disease with a relative risk of more than 2)

Provides data on the ancestry of each subject, which assists in matching case subjects with control subjects

Provides data on both sequence and copy-number variations

Misconceptions

Thought to provide data on all genetic variability associated with disease, when in reality only common alleles with large effects are identified

Thought to screen out alleles with a small effect size, when in reality such findings may still be very useful in determining pathogenic biochemical pathways, even though low-risk alleles may be of little predictive value

Limitations

Requires samples from a large number of case subjects and control subjects and therefore can be challenging to organize

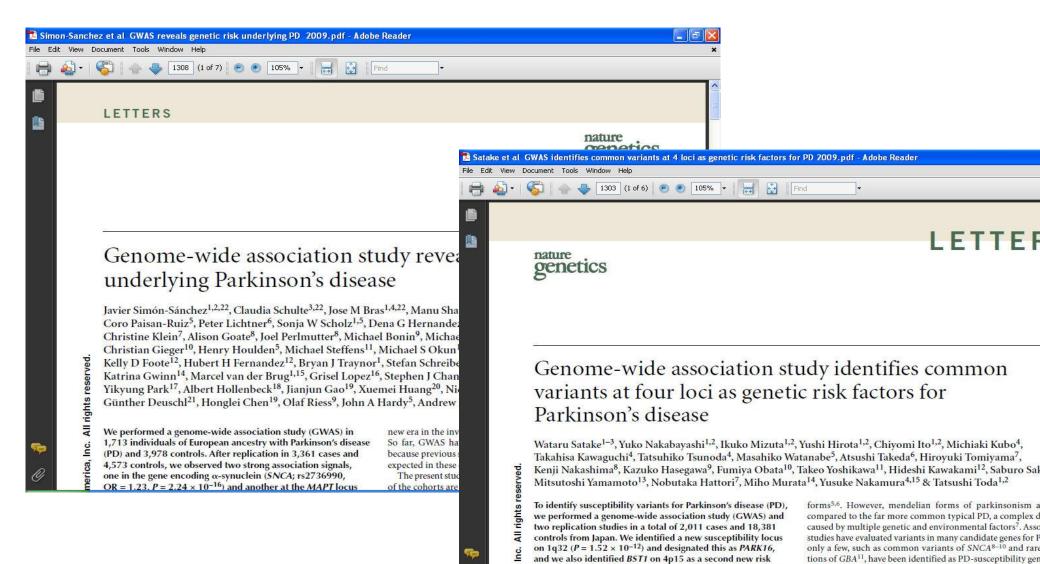
Finds loci, not genes, which can complicate the identification of pathogenic changes on an associated haplotype

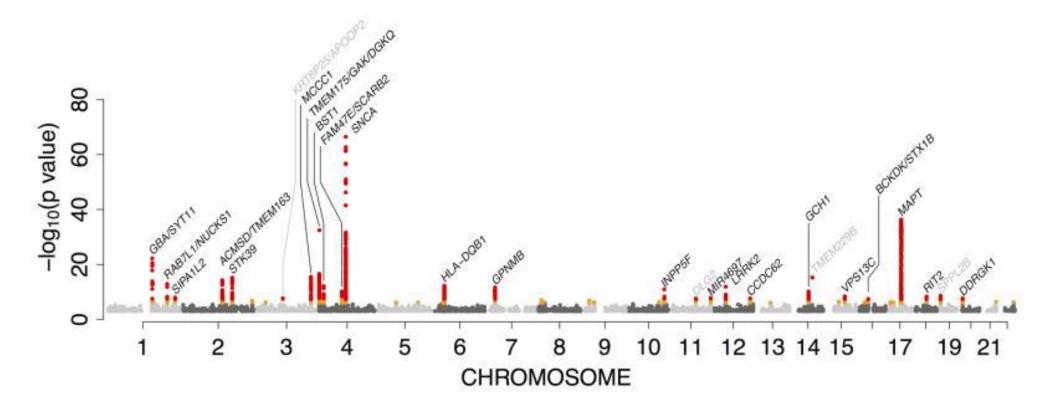
Detects only alleles that are common (>5%) in a population

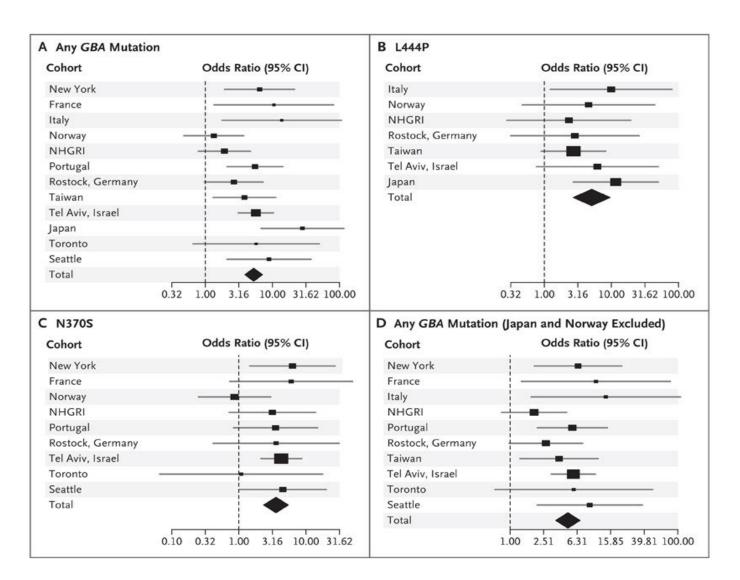
Requires replication in a similarly large number of samples

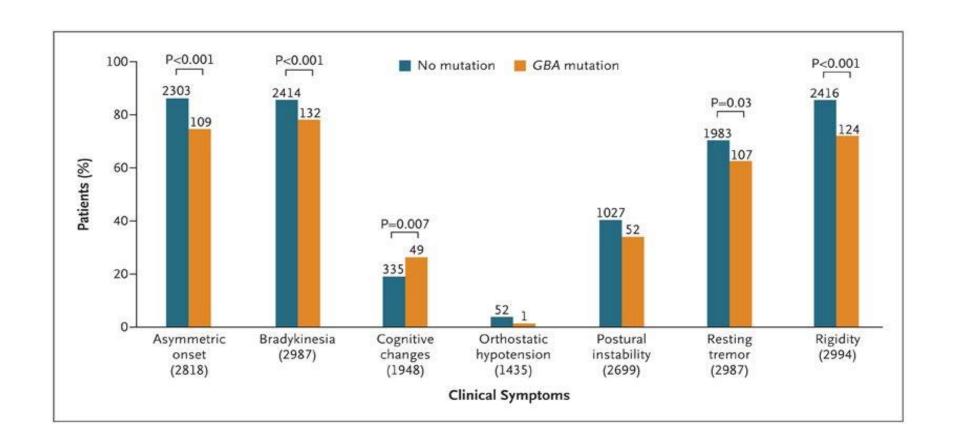


GWAS and Parkinson's disease-Nature Genetics- Dec 2009











GBA mutation assoc with lower glucocerebrosidase activity (Alcalay RN et al 2015)

GBA & Parkinsonism

- Mutations in GBA1 can be found in 4% to 7% of PD cases
- reduced activity of β-glucocerebrosidase appears to be a common feature of most (and perhaps nearly all) cases of PD, even when no mutation in the gene can be detected

EDITORIAL

What Would Dr. James Parkinson Think Today? Mutations in Beta-glucocerebrosidase and Risk of Parkinson's Disease

Role of the lysosome

- Excessive burden of lysosomal storage disorder gene variants in Parkinson's disease.
- confirmed associations at the GBA and SMPD1 loci
- CTSD, SLC17A5 & ASAH1 as candidate Parkinson's disease susceptibility genes.

Robak et al. Brain. 2017 Dec 1

Where next with PD genetics & technology?

-Should we start thinking about pharmacogenetics more seriously?

-Eg Tolcapone & liver failure

-Pharmacogenomics J. 2002;2(5):327-34

-SNPs in UDP-glucuronosyl transferase 1A gene complex

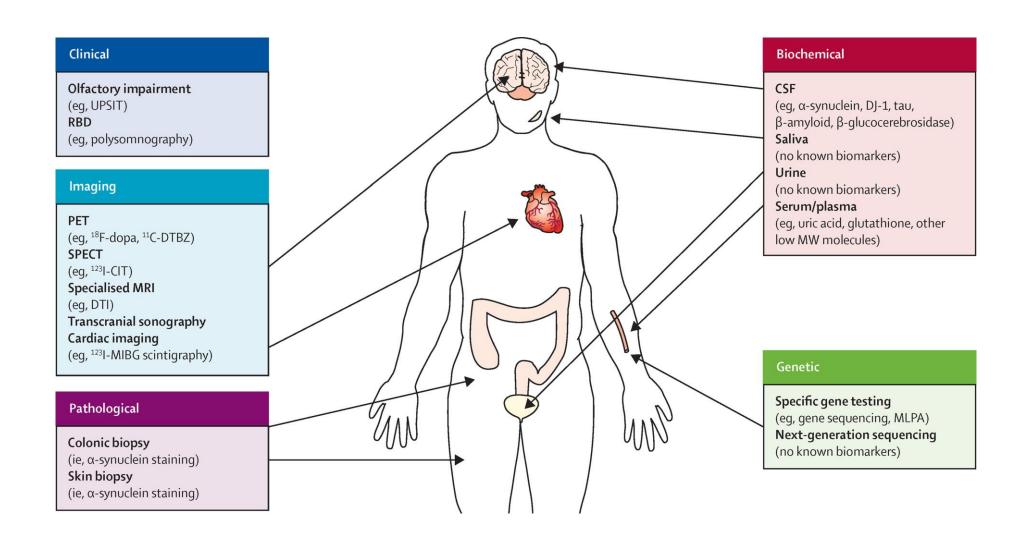
Dopamine D2 receptor gene variants and response to rasagiline in early Parkinson's disease: a pharmacogenetic study. (Masellis et al, Brain 2016)



The UK 100,000 Genomes Project

February 2015

www.genomicsengland.co.uk



Potential biomarkers for diagnosis of PD (from Kalia & Lang (2015))

In summary

 Do NOT underestimate the importance of clinical observation....from James Parkinson, to GBA

Take a Family History

 Selective investigation! (onset <50y; good FH; atypical features)