Managing complex long term conditions (LTC) and multi-morbidity

Thursday 18 February 2016

Royal College of Physicians, 11 St Andrews Place, Regent’s Park, London NW1 4LE

Programme organisers: Dr Peter Winocour, East and North Hertfordshire NHS Trust and Dr Rob Gregory, University Hospitals of Leicester NHS Trust

09.30 Registration and coffee

09.55 Welcome and opening remarks
Professor Jane Dacre, president, Royal College of Physicians

Session 1: Implications of complex LTC for in patient care, post graduate training and patient centred integrated care
Chair: Dr Rob Gregory, University Hospitals of Leicester NHS Trust

10.00 The view from the RCP
Dr Bod Goddard, Royal College of Physicians

10.15 Patient based discussion panel – case based examples
Panel: Dr Bod Goddard, RCP; Mark Duman, patient user group representative; tbc, primary care rep; Dr Dev Singh, secondary care representative

11.00 Coffee

Session 2: Recognition and effective care of multi morbidity and therapy
Chair: Dr Peter Winocour, East and North Hertfordshire NHS Trust

11.20 Managing breathlessness and co-morbidity in COPD
Professor Mike Morgan, national clinical director for respiratory disease
11.50  **Practical management of steroids in non-endocrine practice**  
Professor John Newell-Price, Society for Endocrinology

12.20  **Dementia and end of life care in patients with other long term conditions**  
Professor Alan Sinclair, Association of British Clinical Diabetologists (ABCD)

12.50  Lunch

**Session 3: Diabetes and cardio-renal disease**
Chair: tbc

13.50  **Managing chronic kidney disease (CKD) and diabetes - new joint ABCD and Renal Association guidelines**  
Dr Peter Winocour, East and North Hertfordshire NHS Trust and Dr Andrew Frankel, Health education England

14.30  **Case based discussion – management of DM and cardio-renal complications (including heart failure)**  
Dr Peter Winocour, East and North Hertfordshire NHS Trust and Dr Andrew Frankel, Health education England and Dr Hugh McIntyre, Brighton and Sussex Medical School

15.20  Tea

**Session 4: Beyond the physical – holistic care for patients with LTC and multi-morbidity**
Chair: tbc

15.40  **Effective delivery of care to patients with serious mental illness and physical disease – ensuring parity of esteem and parity of care**  
Professor Richard Holt, University of Southampton

16.10  **Delivery of joint medical and social care for complex LTC - The UK Parkinson’s Excellence Network**  
Professor David Burn, Newcastle University and Parkinson’s UK

16.40  Closing remarks by the chair

16.45  Close of conference