



Royal College
of Physicians

Update in medicine



10 March 2026 | London

CPD code: 154085

**6 CPD
credits**

Programme

08.00	Registration and refreshments
09.10	Conference opening comments Dr Imran Mannan FRCP, regional adviser, Central and North East London
09.15	Session 1 Chair – Dr Anita Banerjee FRCP, RCP censor
09.20	What physicians need to know about Urogynaecology Mr Azar Khunda, consultant gynaecologist- subspecialist urogynaecologist and chair of the British society of urogynaecology, Guy's and St Thomas' NHS Foundation Trust
09.50	Menopause Dr Brianna Cloke, consultant obstetrics and gynaecology, Guy's and St Thomas' NHS Foundation Trust
10.20	Panel Q&A
10.30	Comfort break
11.00	Session 2 Chair – Dr Mashkur Khan FRCP, regional adviser, South London
11.05	Long live the art of clinical neurology Dr Hadi Manji FRCP, consultant neurology, University College London Hospitals NHS Foundation Trust
11.35	Overlooked and misunderstood: A generalist's guide to managing balance, vertigo and dizziness Professor Louisa Murdin FRCP, consultant audio vestibular medicine, Guy's and St Thomas' NHS Foundation Trust
12.05	Panel Q&A
12.15	RCP update Professor Mumtaz Patel PRCP, RCP president; Dr Omar Mustafa FRCP, RCP registrar



12.30	Lunch
13.30	Session 3 Chair – Dr Jacob de Wolff FRCP , regional adviser, North West London
13.35	No more salbutamol! Whatever next! Changes in NICE guidelines Dr Jaideep Dhariwal , consultant respiratory physician, Guy's and St Thomas' NHS Foundation Trust
14.05	COPD in 2025: what's new and what matters most Professor Wisia Wedzicha FRCP , head of respiratory, Imperial College London; honorary consultant, Royal Brompton and Harefield Hospitals NHS Foundation Trust
14.35	Panel Q&A
14.45	Turner-Warwick lecture: Addressing the elephant in the room: diagnosing and treating unprofessional behaviour among doctors Dr Stephen Joseph , ST6 respiratory medicine, Homerton Healthcare NHS Foundation Trust
15.20	Comfort break
15.50	Session 4 Chair – Dr Jonathan Katz FRCP , regional adviser, Central and North East London
15.55	Recovering heart function – a positive framework for every physician Dr Ameet Bakhai FRCP , consultant cardiologist, Royal Free London NHS Foundation Trust
16.25	Acute arrhythmias in the emergency dependent – a survival guide Dr Joseph Tomson FRCP , consultant cardiologist, Royal Free London NHS Foundation Trust
16.55	Panel Q&A
17.05	Conference closing comments Dr Rachel Tennant FRCP , regional adviser, North West London
17.10	Close of conference

Please note this programme may be subject to change.

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