

# Update in medicine



10 March 2026 | London

CPD code: 154085

6 CPD  
credits

Programme

---

08.00 Registration and refreshments

---

09.10 Conference opening comments  
Dr Imran Mannan **FRCP**, regional adviser, Central and North East London

---

09.15 Session 1  
Chair – Dr Anita Banerjee **FRCP**, RCP censor

---

09.20 What physicians need to know about Urogynaecology  
Mr Azar Khunda, consultant gynaecologist- subspecialist urogynaecologist and chair of the British society of urogynaecology, Guy's and St Thomas' NHS Foundation Trust

---

09.50 Menopause  
Dr Brianna Cloke, consultant obstetrics and gynaecology, Guy's and St Thomas' NHS Foundation Trust

---

10.20 Panel Q&A

---

10.30 Comfort break

---

11.00 Session 2  
Chair – Dr Mashkur Khan **FRCP**, regional adviser, South London

---

11.05 Long live the art of clinical neurology  
Dr Hadi Manji **FRCP**, consultant neurology, University College London Hospitals NHS Foundation Trust

---

11.35 Overlooked and misunderstood: A generalist's guide to managing balance, vertigo and dizziness  
Professor Louisa Murdin **FRCP**, consultant audio vestibular medicine, Guy's and St Thomas' NHS Foundation Trust

---

12.05 Panel Q&A

---

12.15 RCP update  
Professor Mumtaz Patel **PRCP**, RCP president; Dr Omar Mustafa **FRCP**, RCP registrar

---

# Update in medicine



# Programme

---

12.30	Lunch
13.30	<b>Session 3</b> Chair – Dr Jacob de Wolff <b>FRCP</b> , regional adviser, North West London
13.35	<b>No more salbutamol! Whatever next! Changes in NICE guidelines</b> Dr Jaideep Dhariwal, consultant respiratory physician, Guy's and St Thomas' NHS Foundation Trust
14.05	<b>COPD in 2025: what's new and what matters most</b> Professor Wisia Wedzicha <b>FRCP</b> , head of respiratory, Imperial College London; honorary consultant, Royal Brompton and Harefield Hospitals NHS Foundation Trust
14.35	<b>Panel Q&amp;A</b>
14.45	<b>Turner-Warwick lecture: Addressing the elephant in the room: diagnosing and treating unprofessional behaviour among doctors</b> Dr Stephen Joseph, ST6 respiratory medicine, Homerton Healthcare NHS Foundation Trust
15.20	<b>Comfort break</b>
15.50	<b>Session 4</b> Chair – Dr Jonathan Katz <b>FRCP</b> , regional adviser, Central and North East London
15.55	<b>Recovering heart function – a positive framework for every physician</b> Dr Ameet Bakhai <b>FRCP</b> , consultant cardiologist, Royal Free London NHS Foundation Trust
16.25	<b>Acute arrhythmias in the emergency dependent – a survival guide</b> Dr Joseph Tomson <b>FRCP</b> , consultant cardiologist, Royal Free London NHS Foundation Trust
16.55	<b>Panel Q&amp;A</b>
17.05	<b>Conference closing comments</b> Dr Rachel Tennant <b>FRCP</b> , regional adviser, North West London
17.10	<b>Close of conference</b>

---

**Please note this programme may be subject to change.**

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP