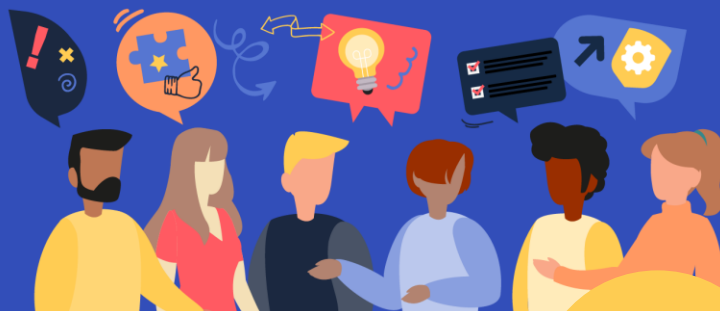




Royal College
of Physicians

Update in medicine



2 December 2026 | Cardiff

CPD code: 156381

**6 CPD
credits**

Programme

08.00 Registration and refreshments

09.00 Welcome and introduction

Dr Ben Thomas FRCP, RCP joint vice president for Wales

09.05 **Session 1 – Prioritising effective symptomatic management in advanced chronic disease**

Chair – Dr Ben Thomas FRCP

09.10 **Managing kidney failure in the frail, older, co-morbid person**

Dr Barney Hole, nephrologist and NIHR advanced fellow,
North Bristol NHS Trust and University of Bristol

09.30 **Symptomatic heart failure**

Dr Aaron Wong FRCP, consultant cardiologist and general physician,
Cwm Taf Morgannwg University Health Board

09.50 **Frailty syndrome**

Dr Nicky Leopold, consultant geriatrician,
Swansea Bay University Health Board

10.10 **Panel Q&A with Dr Gemma Lewis-Williams FRCP**, consultant in palliative
medicine, Betsi Cadwaladr University Health Board

10.40 Comfort break

11.10 **Session 2**

Chairs – Dr Ben Thomas FRCP and Professor Sam Rice FRCP

11.15 **Bradshaw lecture: Social justice and health equity**

Professor Sir Michael Marmot FRCP, University College London

RCP Wales update

12.10 **Professor Sam Rice FRCP**, RCP joint vice president for Wales

Cardiff Marriott, Mill Lane, Cardiff CF10 1EZ



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- 12.25** **RCP update**
Professor Mumtaz Patel FRCP, RCP president, and
Dr Omar Mustafa FRCP, RCP registrar
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- 12.40** **Lunch break**
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- 13.40** **Session 3 – Acute medicine presentations**
Chair – Dr Fidan Yousuf FRCP, RCP regional adviser
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- 13.45** **Systematic approach to the young adult with diarrhoea on the medical intake**
Dr Rhodri Stacey, consultant gastroenterologist,
Swansea Bay University Health Board
- 14.05** **Respiratory failure at the front door**
Dr Shruthi Konda FRCP, consultant respiratory physician,
Royal Brompton Hospital, London
- 14.25** **Out of site**
Dr Bazga Ali, consultant in infectious diseases and microbiology,
Cardiff and Vale University Health Board
- 14.45** **Panel Q&A**
-
- 15.15** **Afternoon break**
-
- 15.45** **Session 4**
Chair – Dr Andrew Lansdown FRCP, RCP regional adviser
-
- 15.50** **The ABCs of acute porphyria: essential knowledge**
Dr Danja Schulenburg-Brand, consultant chemical pathologist,
clinical lead, Cardiff Porphyria Service, University Hospital of Wales
- 16.25** **Stroke mimics – clinical cases**
Dr Tom Hughes FRCP, consultant neurologist,
Cardiff and Vale University Health Board
- 17.00** **Closing comments – Professor Sam Rice FRCP**
RCP joint vice president for Wales
- 17.10** **Close of conference**
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Please note that this programme may be subject to change.

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