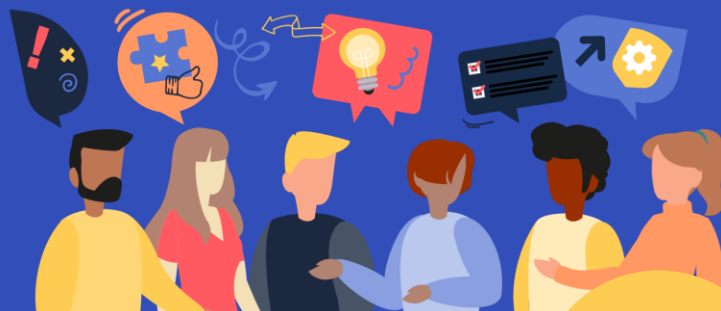




Royal College
of Physicians

Update in medicine



2 December 2026 | Cardiff

CPD code: 156381

**6 CPD
credits**

Programme

08.00 Registration and refreshments

09.00 Welcome and introduction

Dr Ben Thomas FRCP, RCP joint vice president for Wales

09.05 **Session 1 – Delivering individualised care in advanced chronic disease. 'When less may be more'**

Chair – Dr Sarah Davies FRCP, RCP regional adviser for North Wales

09.05 **Advanced chronic kidney disease: dialysis or conservative kidney management?**

Dr Barney Hole, consultant nephrologist and NIHR advanced fellow, North Bristol NHS Trust and University of Bristol

09.25 **Heart failure: tailoring the evidence base**

Dr Aaron Wong FRCP, consultant cardiologist and general physician, Cwm Taf Morgannwg University Health Board

09.45 **Realistic medicine for the older adult**

Dr Nicky Leopold, consultant geriatrician, Swansea Bay University Health Board

10.05 **The role of specialist palliative care in non-malignant disease**

Dr Gemma Lewis-Williams FRCP, consultant in palliative medicine, Betsi Cadwaladr University Health Board

10.20 **Panel Q&A**

10.40 Comfort break

11.10 **Session 2**

Chairs – Dr Ben Thomas FRCP and Professor Sam Rice FRCP

11.15 **Bradshaw lecture: Social justice and health equity**

Professor Sir Michael Marmot FRCP, professor of epidemiology and public health, University College London

Cardiff Marriott, Mill Lane, Cardiff CF10 1EZ



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- 12.10** **RCP Wales update**
Professor Sam Rice FRCP, RCP joint vice president for Wales
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- 12.25** **RCP update**
Professor Mumtaz Patel PRCP, RCP president, and
Dr Omar Mustafa FRCP, RCP registrar
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- 12.40** **Lunch break**
-
- 13.40** **Session 3 – Acute medicine presentations**
Chair – Dr Fidan Yousuf FRCP, RCP regional adviser for South East Wales
-
- 13.45** **Systematic approach to the young adult with diarrhoea on the medical intake**
Dr Rhodri Stacey, consultant gastroenterologist,
Swansea Bay University Health Board
- 14.05** **Front door respiratory tips from a very average chest physician...**
Dr Amit Benjamin FRCP, consultant in respiratory medicine, Cwm Taf
Morgannwg University Health Board
- 14.25** **Out of site**
Dr Bazga Ali, consultant in infectious diseases and microbiology,
Cardiff and Vale University Health Board
- 14.45** **Panel Q&A**
-
- 15.15** **Afternoon break**
-
- 15.45** **Session 4**
Chair – Dr Andrew Lansdown FRCP, RCP regional adviser for South Wales
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- 15.50** **The ABCs of acute porphyria: essential knowledge for the frontline physician**
Dr Danja Schulenburg-Brand, consultant chemical pathologist,
clinical lead, Cardiff Porphyria Service, University Hospital of Wales
- 16.25** **Stroke mimics – clinical cases**
Dr Tom Hughes FRCP, consultant neurologist,
Cardiff and Vale University Health Board
- 17.00** **Closing comments – Professor Sam Rice FRCP**
RCP joint vice president for Wales
- 17.10** **Close of conference**

Please note that this programme may be subject to change.

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