

# Update in medicine



17 June 2026 | Exeter

CPD code: 155435

6 CPD  
credits

Programme

08:00 Registration and refreshments

09:00 **Welcome and introduction**

Dr Roland Boey FRCP, RCP regional adviser, Peninsula

09:05 **Session 1 – ‘I can’t breathe...’ respiratory challenges**

Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

09:10 **Asthma management: acute/severe update**

Dr Drew Davies, clinical fellow,  
Somerset NHS Foundation Trust

09:45 **Non-invasive respiratory support: what you really need to know**

Dr Katrina Curtis FRCP, consultant respiratory physician,  
University Hospitals Bristol and Weston NHS Foundation Trust

10:20 **ICU for the general physician: what you need to know**

Dr Benjamin Garfield, consultant in critical care and respiratory medicine,  
Guy's and St Thomas' NHS Foundation Trust

10:55 Comfort break

11:25 **Session 2 – Acute care and emergency updates**

Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

11:30 **What else can you do with a medical degree? Win a world cup?**

Dr Lewis Jones, consultant in emergency medicine, Royal Devon University  
Healthcare NHS Foundation Trust; team doctor, England Red Roses Rugby  
team

12:05 **Haematological emergencies for acute physicians**

Dr Sarah Wheeldon, consultant in haematology and transfusion medicine,  
Royal Devon University NHS Foundation Trust

12:40 **RCP update**



13:00	Lunch
13:50	<p><b>Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infections not to miss</b> Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative and chief registrar, Peninsula</p>
13:55	<p><b>Acute kidney injury at the front door</b> Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology; deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust</p>
14:30	<p><b>Alcohol-related liver disease and its complications encountered on the acute take</b> Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust</p>
15:05	<p><b>Returning traveller infection cases for the general physician</b> Dr Ray Sheridan, consultant physician and director of medical education, Royal Devon University Healthcare NHS Foundation Trust</p>
15:40	Comfort break
16:00	<p><b>Session 4 – Through the physician’s lens: movement and myocardium</b> Chair – Dr Nigel Lane FRCP, RCP regional adviser, Severn</p>
16:05	<p><b>Movement disorder emergencies for acute physicians</b> Dr Sonali Dharia, consultant neurologist, Royal Devon University Healthcare NHS Foundation Trust</p>
16:40	<p><b>Ischaemic heart disease / myocardial infarction (IHD/MI) management: updates for physicians</b> Dr Mrinal Saha FRCP, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust</p>
17:15	<p><b>Conference closing comments</b> Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn</p>
17:20	Close of conference

Please note this programme may be subject to change.

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## Your regional representatives in Severn

### Regional advisers

Dr Nigel Lane

Dr Andria Merrison

Dr Carolyn Mackinlay

### New Consultants Committee

*Vacancy\**

### SAS Regional Representative Network

*Vacancy\**

### Resident Doctor Committee

Dr Frederica Betteridge

Dr Aimee Leadbetter

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

## Your regional representatives in Peninsula

### Regional advisers

Dr Sanjeev Gupta

Dr Roland Boey

### New Consultants Committee

*Vacancy\**

### SAS Regional Representative Network

*Vacancy\**

### Resident Doctor Committee

Dr Nicola Maddox

Dr Wai Yan Kyaw Nyunt-Thinn

Dr Sophie Goodrun

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

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